

ཨཱ་མཱ་ལ་དཀར་བུ་ལ་ལོ་ལྷན་དང་བོད་སྐབ་ཚན།  
 Bachelor of Sowa Rigpa Medicine and Surgery  
 First Professional (12 Months)

No. of Teaching (Theory): 800 Hours  
 Theory 6 Papers: 100 Marks each (Credits 24)  
 No. of Teaching (Practical): 300 Hours  
 Practical/Viva Voce: 350 Marks (Credits 14)  
 Total M. Marks: 950  
 Total Credit Points: 38

SEMESTER I (Odd Semester)			
Paper	Theory/Practical	Teaching Hours	Marks
Paper I	Theory	50	50
Paper II	Theory	50	50
Paper III	Theory	100	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper IV	Theory	100	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper V	Theory	50	50
	<b>Practical</b>	<b>25</b>	<b>No marks</b>
Paper VI	Theory	50	50
SEMESTER II (Even Semester)			
Paper I	Theory	50	50
Paper II	Theory	50	50
Paper III	Theory	100	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper IV	Theory	100	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper: V	Theory	50	50
	<b>Practical</b>	<b>25</b>	<b>No marks</b>
Paper: VI	Theory	50	50
Memorization of Root Text	<b>Practical</b>	--	<b>100</b>
sDong 'Gremis	<b>Practical</b>	<b>50</b>	<b>50</b>
<b>TOTAL</b>		<b>1100</b>	<b>950</b>

ལྷན་སྐྱོད་པ་དཀའ་བཅུ་པ་ལོ་རིམ་གཉིས་པའི་སློབ་ཚན།  
 Bachelor of Sowa Rigpa Medicine and Surgery  
 Second Professional (12 Months)

No. of teaching (Theory): 550 Hours  
 Theory 5 Papers: 100 Marks each (Credits 20)  
 No. of teaching (Practical): 450 Hours  
 Practical/Viva Voce: 450 (Credits 18)  
 Total M. Marks: 950  
 Total Credit Points: 38

SEMESTER III (Odd Semester)			
Paper	Theory/Practical	Teaching Hours	Marks
Paper I	Theory	50	50
Paper II	Theory	50	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper III	Theory	50	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper: IV	Theory	75	50
	<b>Practical</b>	<b>50</b>	<b>No Marks</b>
Paper V	Theory	50	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
SEMESTER IV (Even Semester)			
Paper: I	Theory	50	50
Paper: II	Theory	50	50
	<b>Practical</b>	<b>50</b>	<b>No Marks</b>
Paper III	Theory	50	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper: IV	Theory	75	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper: V	Theory	50	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Memorization of Root Text	<b>Practical</b>	--	<b>100</b>
sDong 'Grens	<b>Practical</b>	<b>50</b>	<b>50</b>
<b>TOTAL</b>		<b>1000</b>	<b>950</b>

ལྷན་སྐྱོད་པ་དཀའ་བཅུ་པ་ལོ་རིམ་གསུམ་པའི་སློབ་ཚན།  
 Bachelor of Sowa Rigpa Medicine and Surgery  
 Third Professional (12 Months)

No. of teaching (Theory):	600 Hours
Theory 5 Papers:	100 Marks each (Credits 20)
No. of teaching (Practical):	500 Hours
Practical/Viva Voce:	650 (Credits 26)
Total M.Marks:	1150
Total Credit Points:	46

SEMESTER V (Odd Semester)			
Paper	Theory/Practical	Teaching Hours	Marks
Paper: I	Theory	100	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper: II	Theory	50	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper: III	Theory	50	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper: IV	Theory	50	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper: V	Theory	50	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
SEMESTER VI (Even Semester)			
Paper I	Theory	100	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper: II	Theory	50	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper: III	Theory	50	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper: IV	Theory	50	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Paper: V	Theory	50	50
	<b>Practical</b>	<b>50</b>	<b>50</b>
Memorization of Root Text	<b>Practical</b>	--	<b>100</b>
sDong 'Gremis	<b>Practical</b>	--	<b>50</b>
<b>TOTAL</b>		<b>1100</b>	<b>1150</b>

ལྷན་སྐྱོད་པ་དཀར་བུ་པ་ལོ་ལྷན་བཞུགས་སྐབས་ཚན།  
Bachelor of Sowa Rigpa Medicine and Surgery

Final Professional (18 Months)

No. of teaching (Theory):	650 Hours
Theory 5 Papers:	500 Marks each (Credits 20)
No. of teaching (Practical):	500 Hours
Practical/Viva Voce:	650 (Credits 26)
Total M. Marks:	1150
Total Credit Points:	46

SEMESTER VII (Odd Semester)			
Paper	Theory/Practical	Teaching Hours	Marks
Paper: I	Theory	50	30
	<b>Practical</b>	<b>30</b>	<b>30</b>
Paper: II	Theory	30	30
	<b>Practical</b>	<b>30</b>	<b>30</b>
Paper: III	Theory	30	30
	<b>Practical</b>	<b>30</b>	<b>30</b>
Paper: IV	Theory	50	30
	<b>Practical</b>	<b>30</b>	<b>30</b>
Paper: V	Theory	50	30
	<b>Practical</b>	<b>30</b>	<b>30</b>
SEMESTER VIII (Even Semester)			
Paper: I	Theory	50	35
	<b>Practical</b>	<b>35</b>	<b>35</b>
Paper: II	Theory	35	35
	<b>Practical</b>	<b>35</b>	<b>35</b>
Paper: III	Theory	35	35
	<b>Practical</b>	<b>35</b>	<b>35</b>
Paper: IV	Theory	50	35
	<b>Practical</b>	<b>35</b>	<b>35</b>
Paper: V	Theory	50	35
	<b>Practical</b>	<b>35</b>	<b>35</b>
SEMESTER IX (Odd Semester)			
Paper: I	Theory	50	35
	<b>Practical</b>	<b>35</b>	<b>35</b>
Paper: II	Theory	30	35
	<b>Practical</b>	<b>35</b>	<b>35</b>
Paper: III	Theory	30	35
	<b>Practical</b>	<b>35</b>	<b>35</b>
Paper: IV	Theory	50	35
	<b>Practical</b>	<b>35</b>	<b>35</b>
Paper: V	Theory	50	35
	<b>Practical</b>	<b>35</b>	<b>35</b>

Memorization of Root Text	<b>Practical</b>	--	<b>100</b>
sDong 'Grem	<b>Practical</b>	--	<b>50</b>
<b>TOTAL</b>		<b>1150</b>	<b>1150</b>

<b>SEMESTER X (Even Semester)</b>	
Compulsory Six months internship in clinical training in Sowa Rigpa hospitals attached with the college /university.	
<b>SEMESTER XI(Odd Semester)</b>	
Six months internship in clinical training in rural/district/civil hospitals or any government hospitals of modern medicine.	

## First Professional (12 Months)

No. of Teaching (Theory):	800 Hours
Theory 6 Papers:	100 Marks each(Credits 24)
No. of Teaching (Practical):	300 Hours
Practical/Viva Voce:	350 Marks (Credits 14)
Total M. Marks:	950
Total Credit points:	38

### SEMESTER I (Odd Semester)

#### Paper I

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

**SUBJECTS:** rTsarGyud / Root Tantra -I (History of Sowa Rigpa-I)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. gLengbZhi (History of Sowa Rigpa) - Introduction on the origins of the basis of discussion

**PART-II THEORY MARKS: 10 TEACHING HOURS: 10**

1. gLengbZhi (History of Sowa Rigpa) - Enumerating the salient features and uniqueness of rGyudbZhi

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. gLengSlong -Explanation of rGyudbZhi on the basis of five excellences

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. gLengSlong -Manifestation of the one who requests and the one who preaches; measures to avoid vices and to cultivate virtues to study the healing system

**PART-V THEORY MARKS: 10 TEACHING HOURS: 10**

1. gLengSlong -Calling the attention of disciples through discoursing on four aspects of its benefits
2. gLengSlong -Discussion on the entire study of human body through its various contents

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: *rGyudbZhi*(Root Tantra Chapter 1, 2)
- 2.Desi SangyeGyatso: *Bai-ngon* (Root Tantra Chapter 1, 2)
- 3.KempaTsewang: *Nying-po nang-wa* (Root Tantra Chapter 1, 2)
- 4.SurkharLodoeGyalpo: *Mes-po 'izhel-lung* (Root Tantra Chapter 1, 2)
5. TroruTsenam: *Drang song Shalung*(Root Tantra Chapter 1, 2)

ཨ་མ་མཚན་པ་དཀར་བུ་པ་ལོ་རིམ་དང་པོའི་སློབ་ཚན།

Bachelor of Sowa RigpaMedicine and Surgery

**First Professional (12 Months)**  
**SEMESTER I(Odd Semester)**

Paper II

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

**SUBJECTS:** rTsarGyud / Root Tantra-II (Fundamental of Sowa Rigpa-II)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. gNaslugsNadgShi (Health and disease)- Defining human body in healthy state.

**PART –II THEORY MARKS: 10 TEACHING HOURS: 10**

1. Ngos ‘dZinrTgas (Diagnosis) - Diagnosis of disorders by means of visual, palpation and interrogation
2. Ngos ‘dZinrTgas (Diagnosis) -Defining human body in diseased state

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. gSoThabs (Treatment of three humours) - Therapeutic measures against disorders of *Lhung, Tri-pa* and *Bad-kan* through Diet and Lifestyle

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. gSoThabs (Treatment of three humours) - Therapeutic measures against disorders of *Lhung, Tri-pa* and *Bad-kan* through Medicine and Therapy

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. dPeDhonGyirNamGrangsrNamparbKodpa (Summary) - Enumeration of body, mode of diagnosis and therapeutic measures by using the metaphor of Buddha tree

**Fundamental Text and MainReferences:**

1. YuthokYontenGonpo: rGyudbZhi(Root Tantra Chapter 3-6)
2. Desi Sangye Gyatso: *Bai-ngon* (Root Tantra Chapter 3-6)
3. KempaTsewang: *Nying-po nang-wa* (Root Tantra Chapter 3-6)
4. SurkharLodoeGyalpo: *Mes-po ’izhel-lung* (Root Tantra Chapter 3-6)
5. TroruTsenam: Drang song Shalung(Root Tantra Chapter 3-6)

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**Bachelor of Sowa Rigpa Medicine and Surgery**  
**First Professional (12 Months)**

## SEMESTER I(Odd Semester)

Paper III

Theory Marks 50 (Credits 2)

Teaching Hours: 100

Practical/Demonstration Marks 50(Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** bShadrGyudLuskyigNas Lugs/The Explanatory Tantra (Anatomy & Embryology)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 20**

1. sDhomstShik (Anatomy) - Basic summary of Explanatory Tantra showing about the Chapters related to anatomy, physiology, etc.

**PART –II THEORY MARKS: 10 TEACHING HOURS: 20**

1. Lus Kyi ChagstShul (Embryology) - Causes of conception and how incomplete causative factors can turn into unfavorable condition
2. Lus Kyi ChagstShul- Complete causative factor resulting in conception/ fertilization

**PART –III THEORY MARKS: 10 TEACHING HOURS: 20**

1. Lus Kyi ChagstShul (Embryology) - Development of fetal's heart, blood vessels, nervous system, organ system etc. (detail development of fetus after conception).

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 20**

1. Lus Kyi ChagstShul (Embryology) - Final stages of fetal development and its management

**PART –V THEORY MARKS: 10 TEACHING HOURS: 20**

1. Lus Kyi 'Dra dPe (Anatomy) - Structures of internal organs determined by drawing topographic lines are described through similes

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: rGyudbZhi(Explanatory Tantra Chapter 1-3)
2. Desi Sangye Gyatso: *Bai-ngon* (Explanatory Tantra Chapter 1-3)
3. KempaTsewang: *Nam-shed tsig-dhonyima*(Explanatory Tantra Chapter 1-3)
4. SurkharLodoeGyalpo: *Mes-po'izhel-lung* (Explanatory Tantra Chapter 1-3)
5. TroruTsenam:*Drang song Shalung*(Explanatory Tantra Chapter 1-3)

ཨ་མེ་ལྷན་པ་དཀར་བཅུ་པ་ལོ་རིམ་དང་པོའི་སློབ་ཚན།  
Bachelor of Sowa Rigpa Medicine and Surgery  
First Professional (12 Months)



## SEMESTER I (Odd Semester)

Paper IV

Theory Marks: 50(Credits 2)

Teaching Hours: 100

Practical/Demonstration Marks 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** bShadrGyudLuskyigNeslugs dang mThsenNyid / The Explanatory Tantra (Physiology)

PART –I THEORY MARKS: 10 TEACHING HOURS: 20

1. Lus Kyi gNas Lugs (Physiology) - Proportion required of bodily constituents, stool, urine, perspiration and three principle energies of a healthy body

PART –II THEORY MARKS: 10 TEACHING HOURS: 20

1. Lus Kyi gNas Lugs) - Formation and Function of various channels
2. Lus Kyi gNas Lugs - Identification of various types of channels

PART –III THEORY MARKS: 10 TEACHING HOURS: 20

1. Lus Kyi gNas Lugs - Elaboration of vulnerable parts of muscle tissue, bone, vital and vessel organs, etc.
2. Lus Kyi gNas Lugs - Body orifices and their functions

PART –IV THEORY MARKS: 10 TEACHING HOURS: 20

1. Lus Kyi mTshanmNyid- Classification and function of *Nod-ja-kham* (basis of affliction)
2. Lus Kyi mTshanmNyid- Types of *Me-drod* (digestive heat)
3. Lus Kyi mTshanmNyid - Origin and synthesis of *Nod-ja Kham*

PART –V THEORY MARKS: 10 TEACHING HOURS: 20

1. Lus Kyi mTshanmNyid - Classification of *Nod-jed Nye-pa* (principle energies that afflicts harm), process of conception and varied constitutional types
2. Lus Kyi mTshanmNyid - Nature of digestive heat and bowel movement

Fundamental Text and Main References:

1. YuthokYontenGonpo: rGyudbZhi(Explanatory Tantra Chapter 4, 5)
2. Desi Sangye Gyatso: *Bai-ngon* (Explanatory Tantra Chapter 4, 5)
3. KempaTsewang: *Nam-shed tsig-dhonnyima*(Explanatory Tantra Chapter 4, 5)
4. ZurkharLodoeGyalpo: *Mes-po'izhel-lung* (Explanatory Tantra Chapter 4, 5)
5. TroruTsenam: *Drang song Shalung*(Explanatory Tantra Chapter 4, 5)

ཨ་མ་མཚན་པ་དཀར་བཅུ་པ་ལོ་རིམ་དང་པོའི་སློབ་ཚན།

Bachelor of Sowa RigpaMedicine and Surgery  
First Professional (12 Months)

## SEMESTER I(Odd Semester)

PaperV

Theory Marks: 50(Credits 2)

Teaching Hours: 50

Practical/Demonstration hour: 25

**SUBJECTS:** bShadrGyudlas dByebadhang 'jegltas/ The Explanatory Tantra (Characteristics of disorders and Signs of Death)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. Lus Kyi Las DhangdByeba (Function and Classification) - Specific locations of three principle energies
2. Lus Kyi Las DhangdByeba - Functions and characteristics of three principle energies.
3. Lus Kyi Las DhangdByeba- How sense organs perceive their respective objects

**PART –II THEORY MARKS: 10 TEACHING HOURS: 10**

1. Lus Kyi Las DhangdByeba- Classification of healthy and unhealthy, sex, age and constitutional type
2. Lus Kyi Las DhangdByeba- Classification of constitution of body as per rLung, mKhrispaandbadkan

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. Lus Kyi 'Jig lTas (Signs of death) - Identifying signs of life and death of a patient through messenger, dreams and changing signs

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

2. Lus Kyi 'Jig lTas - Imminent signs of death

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. Lus Kyi 'Jig lTas - Dissolution process of the five elements and the five sense faculties
2. Lus Kyi 'Jig lTas - Certain and uncertain signs of death and ways of averting signs of death

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: rGyudbZhi(Explanatory Tantra Chapter 6, 7)
2. Desi Sangye Gyatso: *Bai-ngon* (Explanatory Tantra Chapter 6, 7)
3. KempaTsewang: *Nam-shed tsig-dhonyima*(Explanatory Tantra Chapter 6, 7)
4. SurkharLodoeGyalpo: *Mes-po 'izhel-lung* (Explanatory Tantra Chapter 6, 7)
5. TroruTsenam: *Drang song Shalung*(Explanatory Tantra Chapter 6, 7)

ཨ།སྐྱེན་པ་དཀའ་བརྩུ་པ་ལོ་རིམ་དང་པོའི་སློབ་ཚན།

Bachelor of Sowa RigpaMedicine and Surgery  
First Professional (12 Months)

## SEMESTER I (Odd Semester)

Paper VI

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

**SUBJECTS:** Bod kyibrDasProd dang rTsom Rig / Tibetan Grammar and Literature

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. LegsheJonwanggi ‘Grelwa (Commentary on Tibetan Grammar Text LegsheJonwang) - sByarByaYige’irNamgZhag dang sByorTshulTshigPhradkyi ‘Jug pa bShad pa las rJes ‘Jug la lTosp’iPhrad dang rNamdByebShad pa

**PART –II THEORY MARKS: 10 TEACHING HOURS: 10**

1. KanadSelwe Me Long gi ‘Grelwa (Commentary on Tibetan Grammar Text KanadSelwe Me Long) - Ming gZhiYigesPyi’irTagskyidByebabShd pa dang sNgon ‘Jug rTagskyi ‘Jug pa bShad pa

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. mNgonbrJodrGyamTsho’i Chu Thigs (Synonymity and Etymology) - mThoRiskyisDe Yan Lag dang bCas pa dang Sa ‘oggisDe Yan Lag dang bCas pa

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. rTsom Rig Lo rGyussKalbZangMigsGron (History of Tibetan Literature I) - Lewu Dang po sPyiTshogs dang rTsom Rig gigNasTshul, gNyis pa LhasGrung, bCugCigparJebTsun Mi Le mGur ma

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. rTsom Rig Lo rGyussKalbZangMigsGron (History of Tibetan Literature I) - LewubCugNyispa Sa sKya Legs bShad, bColNgapabK’abStan Las Byung b’irTsom Rig

**Fundamental Text and Main Reference:**

1. Kachen Dorje Gyaltzen: *Sum Chu p’i ‘GrelwagZong Chung rNon Po* (Chapter 1, 2)
2. Kachen Dorje Gyaltzen: *rTags ‘Jug gi ‘GrelwagZong Chung rNon Po* (Chapter 1, 2)
3. Ngul Chu DarmaBadra: *mNgonbrJodrGyamTsho’i Chu Thigs* (Chapter 1, 2)
4. Gya ye Tabo: *Bod kyirTsom Rig Lo rGyussKalbZangMigsGron*(Chapter 1,2,11,12,15)
5. Tsering Namgyal: *mNgonbrJodrGyamTsho’i Chu Thigs kyi ‘Grel pa Byisp’i ‘Jug Ngogs* (Chapter 1, 2)

ཕྱགས་ལ་དཀའ་བཅུ་བཤམ་དང་པོའི་སློབ་ཚན།

Bachelor of Sowa Rigpa Medicine and Surgery

First Professional (12 Months)

**SEMESTER II (Even Semester)**

Paper I

Theory Marks: 50(Credits 2)

Teaching Hours: 50

**SUBJECTS:** bShadrGyudkyi 'phel 'grib Ned / The Explanatory Tantra (Causes and Conditions of Disorders)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. Nad Kyi rGyu (Cause of disorders) - Diagnosis of distant,(proximate and specific causes of disorder
2. Nad Kyi rGyu - Arising and spreading of disorders due to inadequate, excess and adverse effects in terms of seasons, sensory organs and lifestyle

**PART –II THEORY MARKS: 10 TEACHING HOURS: 10**

1. Nad Kyi rGyu - Accumulation and manifestation of disorders in general

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. Nad Kyi rKyen(Conditions of disorders) - Accumulation and manifestation of disorders due to seasons, diet and behavior, etc.

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. Nad Kyi rKyen (Conditions of disorders) - Causes of hot and cold disorders in general

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. Nad Kyi rKyen(Conditions of disorders) - Causes and condition of rLung, mKhris pa, Bad kan

**Fundamental Text and MainReferences:**

1. YuthokYontenGonpo: rGyudbZhi(Explanatory Tantra Chapter 8, 9)
2. Desi Sangye Gyatso: *Bai-ngon* (Explanatory Tantra Chapter 8, 9)
3. KempaTsewang: *Nam-shed tsig-dhonyima*(Explanatory Tantra Chapter 8, 9)
4. SurkharLodoeGyalpo: *Mes-po 'izhel-lung* (Explanatory Tantra Chapter 8, 9)
5. TroruTsenam: *Drang song Shalung*(Explanatory Tantra Chapter 8, 9)

ཕྱག་ཆེན་པོ་དང་པོ་འཇུག་པའི་ལོ་ལྷན་དང་པོའི་སློབ་ཚན།

**Bachelor of Sowa RigpaMedicine and Surgery**

**First Professional (12 Months)**

**SEMESTER II (Even Semester)**

Paper II

Theory Marks 50(Credits 2)

Teaching Hours: 50

**SUBJECTS:** bShadrGyud 'phel 'grib Ned / The Explanatory Tantra (Characteristics of Disorders)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. Nad Kyi 'Jug tShul (Mode of entrance of disorders) - General and specific condition which brings disturbance of three principle energies

**PART –II THEORY MARKS: 10 TEACHING HOURS: 10**

1. Nad Kyi 'Jug tShul- Mode of entrance of accumulated disorders aroused by conditions and location of disorders

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. Nad Kyi mTshanNyid (Characteristic of disorders) - rLung, mkris pa and bad khan's disturbed, excess and deficient conditions

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. Nad Kyi mTshanNyid - Definition of *medro*e and its functions

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. Nad Kyi mTshanNyid - Conditions of the bodies in excess and deficiencies of LusZungbDun

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: *rGyudbZhi*(Explanatory Tantra Chapter 10, 11)
2. Desi Sangye Gyatso: *Bai-ngon* (Explanatory Tantra Chapter 10, 11)
3. KempaTsewang: *Nam-shed tsig-dhonnyima*(Explanatory Tantra Chapter 10, 11)
4. SurkharLodoeGyalpo: *Mes-po 'izhel-lung* (ExplanatoryTantra Chapter 10, 11)
5. TroruTsenam: *Drang song Shalung*(Explanatory Tantra Chapter 10, 11)

ཕྱག་ལཱ་ལ་དཀའ་བཅུ་པ་ལོ་ལྷན་དང་པོའི་སློབ་ཚན།  
Bachelor of Sowa Rigpa Medicine and Surgery  
First Professional (12 Months)  
**SEMESTER II (Even Semester)**

Paper: III

Theory Marks: 50 (Credits 2)

Teaching Hours: 100

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** bShadrGyud 'phel 'grib Ned / The Explanatory Tantra (Classification of Disorders)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 20**

1. Nad Kyi dByeBa (Classification of disorders, Main) - Classification of diseases on the basis of mental pre-deposition

**PART –II THEORY MARKS: 10 TEACHING HOURS: 20**

1. Nad Kyi dByeBa - Classification of diseases on the basis of various causes

**PART –III THEORY MARKS: 10 TEACHING HOURS: 20**

1. Nad Kyi dByeBa - Classification of diseases on the basis of age

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 20**

1. Nad Kyi dByeBa- Classification of diseases on the basis of anatomical location

**PART –V THEORY MARKS: 10 TEACHING HOURS: 20**

1. Nad Kyi dByeBa- Classification of 404 different disorders

**Fundamental Text and MainReferences:**

1. YuthokYontenGonpo: *rGyudbZhi*(Explanatory Tantra Chapter 12)
2. Desi Sangye Gyatso: *Bai-ngon* (Explanatory Tantra Chapter 12)
3. KempaTsewang: *Nam-shed tsig-dhonnyima*(Explanatory Tantra Chapter 12)
4. SurkharLodoeGyalpo: *Mes-po 'izhel-lung* (Explanatory Tantra Chapter 12)
5. TroruTsenam: *Drang song Shalung*(Explanatory Tantra Chapter 12)

ཨ།སྐྱུ་པ་དཀའ་བཅུ་པ་ལོ་ལྷན་དང་པོའི་སློབ་ཚན།

**Bachelor of Sowa Rigpa Medicine and Surgery**

**First Professional (12 Months)**

**SEMESTER II (Even Semester)**

Paper: IV

Theory Marks: 50(Credits 2)  
Teaching Hours: 100  
Practical Marks: 50 (Credits 2)  
Practical/Demonstration Hours: 50

**SUBJECTS:** bShadrGyudThamalNad Med, NyespadNgossTon/ The Explanatory Tantra (Maintaining Health and Actual Diagnosis)

PART –I THEORY MARKS: 10 TEACHING HOURS: 20

1. ThamalNad Med (Maintaining Health) - Prevention and Precaution of the diseases

PART –II THEORY MARKS: 10 TEACHING HOURS: 20

1. ThamalNad Med - Rejuvenation for old ages

PART –III THEORY MARKS: 10 TEACHING HOURS: 20

1. NyespadNgossTon (Actual Diagnosis) - Actual diagnosis of the diseases based on physiology of organ system

PART –IV THEORY MARKS: 10 TEACHING HOURS: 20

1. NyespadNgossTon - Diagnosis based on the causative factors, signs, symptoms, cause and effects
2. NyespadNgossTon - Examination based on the Cause and Condition of a disorder

PART –V THEORY MARKS: 10 TEACHING HOURS: 20

1. NyespadNgossTon - Examination based on the Signs and Symptoms of a disorder
2. NyespadNgossTon - Examination on the basis of assessing the benefit and effects of diet and behaviour

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: *rGyudbZhi*(Explanatory Tantra Chapter 23-24)
2. Desi Sangye Gyatso: *Bai-ngon* (Explanatory Tantra Chapter 23-24)
3. KempaTsewang: *Nam-shed tsig-dhonnyima*(Explanatory Tantra Chapter 23-24)
4. SurkharLodoeGyalpo: *Mes-po 'izhel-lung* (ExplanatoryTantraChapter 23-24)
5. TroruTsenam: *Drang song Shalung* (Explanatory Tantra Chapter 23-24)

ཨ་མེ་ལྷན་སྐྱོན་པ་དཀའ་བཅུ་པ་ལོ་རིམ་དང་པོའི་སློབ་ཚན།  
Bachelor of Sowa RigpaMedicine and Surgery  
First Professional (12 Months)  
**SEMESTER II (Even Semester)**

Paper: V  
Theory Marks: 50(Credits 2)

Teaching Hours: 50  
Practical/Demonstration hour: 25

**SUBJECTS:** bShadrGyudNgengYosKyonbrTag, sPangbLang Mu bZhi/ The Explanatory Tantra (Skillful Diagnosis Technique, Four Diagnosis Criteria)

PART –I THEORY MARKS: 10 TEACHING HOURS: 10

1. NgengYosKyonbrTag - Diagnostic techniques of revailing the diseases

PART –II THEORY MARKS: 10 TEACHING HOURS: 10

1. NgengYosKyonbrTag - Diagnostic techniques of differentiating diseases for proper treatment

PART –III THEORY MARKS: 10 TEACHING HOURS: 10

1. NgengYosKyonbrTag - Diagnosis based on severity of disease in general

PART –IV THEORY MARKS: 10 TEACHING HOURS: 10

1. NgengYosKyonbrTag - Diagnosis based on Mild, Moderate, Severe and Critical condition of the disease

PART –V THEORY MARKS: 10 TEACHING HOURS: 10

1. sPangbLang Mu bZhi - Investigation of prior treatments, etc.

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: rGyudbZhi(Explanatory Tantra Chapter 25, 26)
2. Desi Sangye Gyatso: *Bai-ngon* (Explanatory Tantra Chapter 25, 26)
3. KempaTsewang: *Nam-shed tsig-dhonyima*(Explanatory Tantra Chapter 25, 26)
4. SurkharLodoeGyalpo: *Mes-po 'izhel-lung* (ExplanatoryTantra Chapter 25, 26)
5. TroruTsenam: *Drang song Shalung*(Explanatory Tantra Chapter 25, 26)

ཕྱག་ལུ་སྐྱེ་བ་དཀའ་བཅུ་པ་ལོ་རིམ་དང་པོའི་སློབ་ཚན།  
Bachelor of Sowa RigpaMedicine and Surgery  
First Professional (12 Months)  
**SEMESTER II (Even Semester)**

Paper:VI  
Theory Marks: 50(Credits 2)



Teaching Hours: 50

**SUBJECTS:** Bod kyibrDasProd dang rTsom Rig / Tibetan Grammar and Literature

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

2. LegsheJonwanggi ‘Grelwa (Commentary on Tibetan Grammar Text LegsheJonwang) - sByorTshulTshigPhradkyi ‘Jug pa bShad pa las rJes ‘Jug la ma lTosp’iPhrad Rang dBang Can dang Zhar Byung TshigPhrdkyi ‘Jug TshulbShad pa

**PART –II THEORY MARKS: 10 TEACHING HOURS: 10**

2. KanadSelwe Me Long gi ‘Grelwa (Commentary on Tibetan Grammar Text KanadSelwe Me Long) - rJes‘JugrTagskyi ‘Jug pa bShad pa dang

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

2. mNgonbrJodrGyamTsho’i Chu Thigs (Synonymity and Etymology) - Sa gZhi’isDe Yan Lag dang bCas pa

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

2. rTsom Rig Lo rGyussKalbZangMigsGron (History of Tibetan Literature II) - LewubChobrGyadpasNynNgag Me Long, BcudGuparJeTsong Kha p’isNynNgag

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

2. rTsom Rig Lo rGyussKalbZangMigsGron (History of Tibetan Literature II) - LewuNyer Drug pa Legs bShad, Sum Cu pa RabrTogskyisGrung

**Fundamental Text and Main Reference:**

1. Kachen Dorje Gyaltzen: *Sum Chu p’i ‘GrelwagZong Chung rNon Po* (Chapter 3, 4)
2. Kachen Dorje Gyaltzen: rTags ‘Jug gi ‘GrelwagZong Chung rNon Po (Chapter 3)
3. Ngul Chu DarmaBadra: mNgonbrJodrGyamTsho’i Chu Thigs (Chapter 3)
4. Gya ye Tabo: *Bod kyirTsom Rig Lo rGyussKalbZangMigsGron*(Chapter 18,19,26,30)
5. Tsering Namgyal: *mNgonbrJodrGyamTsho’iChu Thigs kyi ‘Grel pa Byisp’i‘JugNgogs* (Chapter 3)

ཕྱག་ལེན་པ་དཀའ་བཅུ་པ་ལོ་རིམ་དང་པོའི་སློབ་ཚན།  
**Bachelor of Sowa RigpaMedicine and Surgery**  
**First Professional (12 Months)**

Viva Voce /Oral test / Allegorical Tree (Dhongdrem)

S. No	Description	M. Marks	Credits
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1.	Memorization /Oral Test	100	4
2.	Anatomy and Physiology in practice: Interview/Viva Voce, Group projects, Identification, Dissertation etc.	200	8
3.	Allegorical Tree (Dhongdrem)	50	2
	Grand Total	350	14

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ཨ་མ་རྒྱལ་བ་དཀའ་བཅུ་པ་ལོ་རིམ་གཉིས་པའི་སློབ་ཚན།  
 Bachelor of Sowa Rigpa Medicine and Surgery  
 Second Professional (12 Months)

No. of teaching (Theory): 550 Hours  
 Theory 5 Papers: 100 Marks each (Credits 20)  
 No. of teaching (Practical): 450 Hours  
 Practical/Viva Voce: 450 (Credits 18)

Total M. Marks: 950

Total Credit points: 38

**SEMESTER III (Odd Semester)**

Paper I

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

**SUBJECTS:** bShadrGyudbYabasPyod lam / The Explanatory Tantra (Community Medicine)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. nYin re bZhinrGyud du sPyod pa (Routine behavioral regimen) - Routine behavioral regimen to prevent disorders and to cure disorders
2. nYin re bZhinrGyud du sPyod pa - Virtuous worldly conducts and spiritual practices

**PART –II THEORY MARKS: 10 TEACHING HOURS: 10**

1. DussusPyod pa (Seasonal behavioral regimen) - Determining two aspects of solar movements, and its relevant behaviors
2. DussusPyod pa - Features of six seasons and their compatible diets and behaviors

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. DussusPyod pa - Compatible diets and behaviours during each six seasons

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. DussusPyod pa - Consumption of six tastes according in each six seasons for the pacification of rLung, mKhris and Badkan

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. gNassKabskyisPyod lam (Incidental behavioral regimen) - Negative effects of not attending to thirteen incidental behaviors
2. gNassKabskyisPyod lam - Symptoms and treatments of disturbed incidental behaviors

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: *rGyudbZhi*(Explanatory Tantra Chapter 13-15)
2. Desi Sangye Gyatso: *Bai-ngon* (Explanatory Tantra Chapter 13-15)
3. KempaTsewang: *Nam-shed tsig-dhonyima*(Explanatory Tantra Chapter 13-15)
4. SurkharLodoeGyalpo: *Mes-po 'izhel-lung* (Explanatory Tantra Chapter 13-15)
5. TroruTsenam: *Drang song Shalung*(Explanatory Tantra Chapter 13-15)

ཨ་མ་མཚན་པ་དཀར་བཟུ་བ་ལོ་རིམ་གཉིས་པའི་སློབ་ཚན།

Bachelor of Sowa Rigpa Medicine and Surgery

Second Professional (12 Months)

**SEMESTER III (Odd Semester)**

Paper II

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

Practical/Demonstration Marks 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** bShadrGyud 'Tshoba Zas / The Explanatory Tantra (Dietetic)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. Zas kyiTshulshes par byaba (Dietetics) - Characteristic features and benefits of awned and leguminous categories of grains
2. Zas kyiTshulshes par byaba - General and specific types of meats; specific characteristics of each type of meat and their medicinal value

**PART –II THEORY MARKS: 10 TEACHING HOURS: 10**

1. Zas kyiTshulshes par byaba - Characteristic features and benefits of fats
2. Zas kyiTshulshes par byaba - General and specific characteristic and benefits of each type of vegetables

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. Zas kyiTshulshes par byaba- Benefits of cooked food and methods of cooking
2. Zas kyiTshulshes par byaba - General and specific benefits of drinks like water, *chang*, milk, etc

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. Kha Zas bsDam pa (Dietary restriction) - Signs of poisoned foods and how to protect from it
2. Kha Zas bsDam pa - How to restrict from incompatible foods and how food poison is caused

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. Kha Zas bSrungba dang zas tshod ran par bZaba (Dietary precaution and limitations) - Correct intake of food and restoration of digestive heat, etc.

Fundamental text and MainReferences

1. YuthokYontenGonpo: *rGyudbZhi*(Explanatory Tantra Chapter 16-18)
2. Desi Sangye Gyatso: *Bai-ngon* (Explanatory Tantra Chapter 16-18)
3. KempaTsewang: *Nam-shed tsig-dhonyima*(Explanatory Tantra Chapter 16-18)
4. ZurkharLodoeGyalpo: *Mes-po'izhel-lung* (Explanatory Tantra Chapter 16-18)
5. TroruTsenam: *Drang song Shalung*(Explanatory Tantra Chapter 16-18)

ཨ་མེ་ལྷན་པ་དཀར་བཟུ་བ་ལོ་རིམ་གཉིས་པའི་སློབ་ཚན།

**Bachelor of Sowa RigpaMedicine and Surgery**  
**Second Professional (12 Months)**  
**SEMESTER III (Odd Semester)**

Paper III

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** bShadrGyudsByorbashMan / The Explanatory Tantra (Materia Medica - General)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. Ro dang Zhu rjes(Taste and post digestive taste) - Element, classification, nature and function of taste of medicine acts as the basis of its action
2. Ro dang Zhu rjes- Qualities of five elements from which taste originates and their action; qualities and potencies of each taste which acts against each disorder

**PART –II THEORY MARKS: 10 TEACHING HOURS: 10**

1. Ro dang Zhu rjes-Classifying groups of medicine on the basis of taste and potencies of post- digestive taste after coming into contact with digestive heat

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. Ro dang Zhu rjes-Differences in the potency of medicine based on the difference of potency, strength and quality of each taste

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. sMangyidetsan dang dbyebea(Grouping and classification) - Classifying groups of medicinal substances on the basis of specific disorders

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. sMangyidetsan dang dbyebea - Classification of compounding medicines on the basis of taste and quality

Fundamental Text and References:

1. YuthokYontenGonpo: *rGyudbZhi*(Explanatory Tantra Chapter 19, 21)
2. Desi Sangye Gyatso: *Bai-ngon* (Explanatory Tantra Chapter 19, 21)
3. KempaTsewang: *Nam-shed tsig-dhonyima*(Explanatory Tantra Chapter 19, 21)
4. ZurkharLodoeGyalpo: *Mes-po'izhel-lung* (ExplanatoryTantra Chapter 19, 21)
5. TroruTsenam: *Drang song Shalung*(Explanatory Tantra Chapter 19, 21)

ཨ་མེ་ལྷན་པ་དཀར་བཟུ་བ་ལོ་རིམ་གཉིས་པའི་སློབ་ཚན།  
Bachelor of Sowa Rigpa Medicine and Surgery  
Second Professional (12 Months)

**SEMESTER III (Odd Semester)**

Paper: IV

Theory Marks: 50 (Credits 2)

Teaching Hours: 50 hrs.

Practical/Demonstration Hours: 50

**SUBJECTS:** bShadrGyudsByorbasMan - I / The Explanatory Tantra (Materia Medica - I Plant basis)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. sMangyi nus pa (Efficacy of medicinal substances in general) - Differences in the potency of medicine based on the difference of potency, strength and quality of each taste, etc.

**PART –II THEORY MARKS: 10 TEACHING HOURS: 10**

1. sMangyi nus pa - Identification, characteristics and potencies of aromatic medicines
2. sMangyi nus pa - The therapeutic effects of medicinal derived from stone, gems, ores, etc. and its identification.

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. sMangyi nus pa - Characteristic, potencies and sub classifications of herbal medicines
2. sMangyi nus pa - Characteristic, potencies of medicines derived from soil

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. sMangyi nus pa - Characteristics and potencies of groups of salt medicines and medicines derived from grains
2. sMangyi nus pa - Characteristic, potencies of medicines derived from trees and shrub

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. sMangyi nus pa - Characteristic and efficacy of groups of liquid medicines, calcinated and concentrated medicine

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: *rGyudbZhi*(Explanatory Tantra Chapter 20)
2. Desi Sangye Gyatso: *Bai-ngon* (Explanatory Tantra Chapter 20)
3. KempaTsewang: *Nam-shed tsig-dhonnyima*(Explanatory Tantra Chapter 20)
4. ZurkharLodoeGyalpo: *Mes-po 'izhel-lung* (Explanatory Tantra Chapter 20)
5. TroruTsenam: *Drang song Shalung*(Explanatory Tantra Chapter 20)

ཨ་མེ་ལྷན་སྐྱོད་པ་དཀའ་བཅུ་པ་ལོ་རིམ་གཉིས་པའི་སློབ་ཚན།  
Bachelor of Sowa RigpaMedicine and Surgery  
Second Professional (12 Months)  
**SEMESTER III (Odd Semester)**

Paper V

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** bShadrGyudsByorbasMan - II / The Explanatory Tantra (Materia Medica - II, Animal basis)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. sMangyi nus pa (Efficacy of medicinal substances) - Differences in the potency of medicine based on the difference of potency, strength and quality of each taste
2. sMangyi nus pa - Defination of *ronue* and *ngowoenuepa* and its importance

**PART –II THEORY MARKS: 10 TEACHING HOURS: 10**

1. sMangyi nus pa - Identification, characteristics and potencies of medicines derived from mammals and birds
2. sMangyi nus pa - Therapeutic medicinal values of different parts of the animal eg. Horn, fur, urine, dung, etc.

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. sMangyi nus pa - Therapeutic medicinal values of fish, amphibians and reptiles
2. Potency of vital and vessel organs of mamals and its medicinal values

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. sMangyi nus pa - Characteristic and potencies of medicines derived from insects
2. Efficcy of meat (consumed as food) of different animals

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. sMangyi nus pa - Characteristic and potencies of medicines derived from animals' milk and its various products
2. Characteristic and potencies of medicine derived from animals' bone, brain, fats, blood etc.

Fundamental Text and References

1. YuthokYontenGonpo: *rGyudbZhi*(Explanatory Tantra Chapter 20)
2. Desi Sangye Gyatso: *Bai-ngon* (Explanatory Tantra Chapter 20)
3. KempaTsewang: *Nam-shed tsig-dhonnyima*(Explanatory Tantra Chapter 20)
4. ZurkharLodoeGyalpo: *Mes-po 'izhel-lung* (Explanatory Tantra Chapter 20)
5. TroruTsenam: *Drang song Shalung*(Explanatory Tantra Chapter 20)
6. Tenzin Phuntsol: *Shel Gong Shel Trang* (Explanatory Tantra Chapter 20)

ཨ་མེ་ལྷོ་ལྷོ་བ་དཀའ་བཅུ་བ་ལོ་རིམ་གཉིས་པའི་སློབ་ཚན།

**Bachelor of Sowa RigpaMedicine and Surgery  
Second Professional (12 Months)  
SEMESTER IV (Even Semester)**

Paper: I

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

**SUBJECTS:** bShadrGyudgSotsulbsTanpa / The Explanatory Tantra (Therapeutic Principle)

PART –I THEORY MARKS: 10 TEACHING HOURS: 10

1. gSotshulsPyi (General therapeutic principle) - Importance of treatment and treatment of disorder and remedial measures
2. gSotshulsPyi - Signs of recuperation and specific treatments of disorders associated with indigestion and so on

PART –II THEORY MARKS: 10 TEACHING HOURS: 10

1. gSotshulsPyi- Treatment of dependent nature and complicated disorder by treating first the critical condition based on its severity
2. gSotshulsPyi - Treatment based on trials and prognosis etc.

PART –III THEORY MARKS: 10 TEACHING HOURS: 10

1. Khyad par gyibchostshulrgyaspa(Particular therapeutic principle) - Healing of disorder based on nature of inadequate, excess and adverse effects of prior treatment
2. Khyad par gyibchostshulrgyaspa- Treatment methods of singular or multiple diseases

PART–IV THEORY MARKS: 10 TEACHING HOURS: 10

1. gSothabsnyis (Two therapeutic principles) - Promotion of physical strength by building up the body and shedding weight by means of fasting

PART –V THEORY MARKS: 10 TEACHING HOURS: 10

1. gSothabsdngos (Actual therapeutic methods) - Therapeutic measures for treating each of three energies individually with remedial measures of diet, lifestyle, medicine and therapy respectively to prevent relapse

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: *rGyudbZhi*(Explanatory Tantra Chapter 27-30)
2. Desi Sangye Gyatso: *Bai-ngon* (Explanatory Tantra Chapter 27-30)
3. KempaTsewang: *Nam-shed tsig-dhonnyima*(ExplanatoryTantra Chapter 27-30)
4. ZurkharLodoeGyalpo: *Mes-po 'izhel-lung* (ExplanatoryTantra Chapter 27-30)
5. TroruTsenam: *Drang song Shalung*(Explanatory Tantra Chapter 27-30)

ཨ་མ་མཚན་པ་དཀར་བཟུང་པ་ལོ་ལྔ་ལྟེན་པའི་སློབ་ཚན།

Bachelor of Sowa Rigpa Medicine and Surgery  
Second Professional (12 Months)  
**SEMESTER IV (Even Semester)**

Paper: II

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

Practical/Demonstration Hours: 50

**SUBJECTS:** bShadrGyudkyigSowa po sMan pa / The Explanatory Tantra (Physician, the Healer)



PART –I THEORY MARKS: 10 TEACHING HOURS: 10

1. gSowa po sManpa(Physician, the Healer) - Requirement of intelligence and mental stability for physician's wisdom
2. gSowa po sMan pa - Practicing of four immeasurable through generating two motivations for enlightenment

PART –II THEORY MARKS: 10 TEACHING HOURS: 10

1. gSowa po sMan pa - How to Maintain six mental obligations of physician
2. gSowa po sMan pa - Dexterity in the role of `physician's body, mind and speech and diligence for fulfillment of one's own need and other's

PART –III THEORY MARKS: 10 TEACHING HOURS: 10

1. gSowa po sMan pa - Proficiency in social ethics, spiritual conduct and conduct that is combination of both
2. gSowa po sMan pa - Nature and definition of *men-pa* (physician) and general and specific classifications of physician

PART –IV THEORY MARKS: 10 TEACHING HOURS: 10

1. gSowa po sMan pa - Action of physician's body, mind and speech

PART –V THEORY MARKS: 10 TEACHING HOURS: 10

1. gSowa po sMan pa - Ripening of transient and ultimate rewards of being a physician

Fundamental Text and MainReferences:

- 1 YuthokYontenGonpo: *rGyudbZhi*(Explanatory Tantra Chapter 31)
2. Desi Sangye Gyatso: *Bai-ngon* (Explanatory Tantra Chapter 31)
3. KempaTsewang: *Nam-shed tsig-dhonyima*(Explanatory Tantra Chapter 31)
- 4.SurkharLodoeGyalpo: *Mes-po 'izhel-lung* (Explanatory Tantra Chapter 31)
5. TroruTsenam: *Drang song Shalung*(Explanatory Tantra Chapter 31)

ཨ་མེ་ལྷན་པ་དཀའ་བཅུ་པ་ལོ་རིམ་གཉིས་པའི་སློབ་ཚན།  
Bachelor of Sowa RigpaMedicine and Surgery  
Second Professional (12 Months)  
**SEMESTER IV (Even Semester)**

Paper III

Theory Marks: 50 (Credits 2)

Teaching Hours: 75 hrs

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** Phyi ma rGyudkyiZhiByedsMangyimDo - I / The Subsequent Tantra, Pharmacy (Pacifying medicine - I)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 15**

1. thang gisdetshan (Medicinal Decoction) - Features and classifications of decoction; specific classifications of hot and cold compounds and its benefits

**PART –II THEORY MARKS: 10 TEACHING HOURS: 15**

1. phyema'isdetshan (Medicinal Powders) - Various cold powder compounds including *garbur, gurgum*, etc.
2. phyema'isdetshan - Chief like cold compound based on highly cool natured ingredients derived directly from herbs or its essence; mass like miscellaneous cold compound

**PART –III THEORY MARKS: 10 TEACHING HOURS: 15**

1. phyema'isdetshan - Various hot powder compounds of *se-du, da-li*, etc.

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 15**

1. phyema'isdetshanbsTanpa (Medicinal Powder) - Chief like hot compound of *goed-ma-kha* and other mass like miscellaneous hot compound

**PART –V THEORY MARKS: 10 TEACHING HOURS: 15**

1. rilbu'isdetshanbsTanpa (Medicinal Pill) - Characteristics and methods of compounding pill and medium for taking pill
2. rilbu'isdetshanbsTanpa (Medicinal Pill) - Pill compound of *Garuda 5* and its additional compound, methods of preparation, recipe, appropriate time for consumption, dosage and its benefits

**Fundamental Text and MainReferences:**

1. YuthokYontenGonpo: *rGyudbZhi*(Subsequent Tantra Chapter 3-5)
2. Desi Sangye Gyatso: *Bai-ngon* (Subsequent Tantra Chapter 3-5)
3. KempaTsewang: *Nam shed lag lensejed* (Subsequent Tantra Chapter 3-5)
4. ZurkharLodoeGyalpo: *Mai-poi shel-loong* (Subsequent Tantra Chapter 3-5)
5. TroruTsenam: *Drang song Shalung*(Subsequent Tantra Chapter 3-5)

ཨ་མེ་ལྷན་པ་དཀའ་བཅུ་པ་ལོ་རིམ་གཉིས་པའི་སློབ་ཚན།

**Bachelor of Sowa RigpaMedicine and Surgery  
Second Professional (12 Months)  
SEMESTER IV (Even Semester)**

Paper: IV

Theory Marks: 50 (Credits 2)

Teaching Hours: 75

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** Phyi ma rGyudkyiZhiByedsMangyimDo - II / The Subsequent Tantra, Pharmacy (Pacifying medicine - II)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 15**

1. Idegus'detshan (Medicinal Paste) - Characteristics, general methods of preparation and manners of taking paste medicine
2. Idegus'detshan - Methods of compounding essential paste medicines to treat chronic diseases

**PART –II THEORY MARKS: 10 TEACHING HOURS: 15**

1. sMan mar gyisdetshan (Medicinal Butter) - Various formulation medicinal butter and their benefits

**PART –III THEORY MARKS: 10 TEACHING HOURS: 15**

1. ThalsMangyisdetshan (Medicinal Ash) - Characteristics of calcinated powder compound and methods of formulating various potency

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 15**

1. ThalsMangyisdetshan - Formulations of great, medium and minor calcite preparation; formulations of specific calcinated powder compound
2. ThalsMangyisdetshan - Preparation of container and furnace to calcinate medicinal ingredients into powder, processing time and post calcination practice

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. kha Da'isdetshan (Concentrated Decoction) - Formulations and benefits of concentrated decoction in treating hot disorders

**Fundamental Text and MainReferences:**

1. YuthokYontenGonpo: *rGyudbZhi* (Subsequent Tantra Chapter 6-9)
2. Desi Sangye Gyatso: *Bai-ngon* (Subsequent Tantra Chapter 6-9)
3. KempaTsewang: *Nam shed lag lenseljed* (Subsequent Tantra Chapter 6-9)
4. ZurkharLodoeGyalpo: *Mai-poi shel-loong* (Subsequent Tantra Chapter 6-9)
5. TroruTsenam: *Drang song Shalung* (Subsequent Tantra Chapter 6-9)

**༄།།ལྷན་པ་དཀར་བཅུ་པ་ལོ་རིམ་གཉིས་པའི་སློབ་ཚན།**  
**Bachelor of Sowa Rigpa Medicine and Surgery**  
**Second Professional (12 Months)**  
**SEMESTER IV (Even Semester)**

Paper: V

Theory Marks: 50 (Credits 2)

Teaching Hours: 50 hrs.

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** Phyi ma rGyudkyiZhiByedsMangyimDo - III / The Subsequent Tantra, Pharmacy (Pacifying medicine - III)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. sManchanggisdetshanbsTanpa (Medicinal Chang, Wine) - Various medicinal chang formulations based on honey etc.
2. sManchanggisdetshan - Formulation of medicinal beverage from *so-lo*, cooked dough and other, methods of cooking and fermenting medicinal beverages

**PART –II THEORY MARKS: 10 TEACHING HOURS: 10**

1. Rin po chesbyorba'isdetshan (Precious Medicine) - Precious compound formulation and practice on nine modes of treating precious cold compound

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. Rin po chesbyorba'isdetshan - Compounding of precious mineral and metal and its post processing activities and practice on processing and compounding of mercury

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. Rin po chesbyorba'isdetshan - Practice on hot and cold processing of mercury
2. Rin po chesbyorba'isdetshan - Practice on treating and incinerating mercury through application of eight consuming essences and incinerating mercury through application of eight binding metals

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. sNgosbyorgyisdetshan (Herbal Compound) - Different types of Herbal compounds and its application

**Fundamental Text and Main References:**

1. YuthokYontenGonpo: *rGyudbZhi*(Subsequent Tantra Chapter 10-12)
2. Desi SangyeGyatso:*Bai-ngon* (Subsequent Tantra Chapter 10-12)
3. KempaTsewang: *Nam shed lag lenseljed* (Subsequent Tantra Chapter 10 -12)
4. ZurkharLodoeGyalpo: *Mai-poi shel-loong* (Subsequent Tantra Chapter 10-12)
5. TroruTsenam: *Drang song Shalung*(Subsequent Tantra Chapter 10-12)

ལྷན་སྐྱེས་པ་དཀར་བཟུ་བ་ལོ་རིམ་གཉིས་པའི་སློབ་ཚན།  
**Bachelor of Sowa Rigpa Medicine and Surgery**  
**Second Professional (12 Months)**

**Practical - Oral/ Viva Voce test**

S. No	Description	M. Marks	Credits
1.	Memorization /Oral Test	100	4
2.	Interview/Viva Voce, Group projects, Identification, Clinical and Pharmaceutical practical works etc.	300	12

3.	Allegorical Tree (Dhongdrem)	50	2
	Grand Total	450	18

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ལྷན་སྐྱོད་པ་དཀའ་བསུ་བ་ལོ་རིམ་གསུམ་པའི་སློབ་ཚན།  
 Bachelor of Sowa Rigpa Medicine and Surgery  
 Third Professional (12 Months)

No. of teaching (Theory): 600 Hours  
 Theory 5 Papers: 100 Marks each (Credits 20)  
 No. of teaching (Practical): 500 Hours  
 Practical/Viva Voce: 650 (Credits 26)  
 Total M.Marks: 1150  
 Total Credit Points: 46

**SEMESTER V (Odd Semester)**

Paper: I  
 Theory Marks: 50 (Credits 2)

Teaching Hours: 100

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** phyima'irgyudgirTsa chu brTagthaps / The Subsequent Tantra, General Pathology (Pulse and Urine examination)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 20**

1. Reg pa rtsa la nadngosbzungba (Pulse examination) - Preliminaries of diet and lifestyle instructions, time of pulse reading, place of pulse reading, amount of pressure to be applied on the pulse and how to read pulse
2. Reg pa rtsa la nadngosbzungba - Identifying three constitutional pulse and calculating four seasonal pulse in relation to five elements and defining its good or bad implication

**PART –II THEORY MARKS: 10 TEACHING HOURS: 20**

1. Reg pa rtsa la nadngosbzungba - Examining seven wondrous pulse for forecasting family matter, etc
2. Reg pa rtsa la nadngosbzungba - Difference between healthy and unhealthy pulse and identifying different disorder through various nature of pulse and specifically examining disorders related to vital and vessel organ

**PART –III THEORY MARKS: 10 TEACHING HOURS: 20**

1. Reg pa rtsa la nadngosbzungba - Methods of examining death pulse and life-force pulse; characteristics of spirit pulse and identifying the specific spirit and its remedial measures

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 20**

1. mThongbamelong chu la ngosbzungba(Urine analysis) - Appropriate time and container for urinalysis and synthesis of urine
2. mThongbamelong chu la ngosbzungba - Preliminaries on diet and lifestyle instruction for urinalysis

**PART –V THEORY MARKS: 10 TEACHING HOURS: 20**

1. mThongbamelong chu la ngosbzungba- General and specific characteristics of healthy and unhealthy urine
2. mThongbamelong chu la ngosbzungba- Characteristics of death urine; identifying spirits through urine and its remedial measures

**Fundamental Text and Main References:**

1. YuthokYontenGonpo: *rGyudbZhi*(Subsequent Tantra Chapter 1, 2)
2. Desi Sangye Gyatso: *Bai-ngon* (Subsequent Tantra Chapter 1, 2)
3. KempaTsewang: *Nam shed lag lenseljed* (Subsequent Tantra Chapter 1, 2)
4. ZurkharLodoeGyalpo: *Mai-poi shel-loong* (Subsequent Tantra Chapter 1, 2)
5. TroruTsenam: *Drang song Shalung* (Subsequent Tantra Chapter 1, 2)

ལྷན་སྐྱོད་པ་དཀའ་བསུ་བ་ལོ་རིམ་གསུམ་པའི་སློབ་ཚན།  
Bachelor of Sowa Rigpa Medicine and Surgery  
Third Professional (12 Months)  
**SEMESTER V (Odd Semester)**

Paper: II

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration: 50

**SUBJECTS:** Manngagrgyudkyinyesgsumgsowa / The Oral Instruction Tantra (Healing the three Nyepa)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. Manngagrgyudzhuspa (Request to Receive the Oral Instruction Tantra) - Summary of the Oral Instruction Tantra

**PART –II THEORY MARKS: 10 TEACHING HOURS: 10**

1. rLungnadgsoba (Treatment of rLung Disorder) - Causes, conditions and classification of *rLung* disorder and its diagnosis through pulse, urine and physical examination
2. rLungnadgsoba - Treatment of *rLung* disorder through diet, lifestyle, medicine and therapies

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. mKhrispa'i nadgsoba (Treatment of mKhris pa Disorder) - Diagnosis of *mKhris pa* and its causes, condition and classification
3. mKhrispa'i nadgsoba- Treatment of *mKhris pa* disorder through diet, lifestyle, medicine and therapies

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. Badkangyi nadgsoba (Treatment of Badkan Disorder) - Causes, conditions, classification and diagnosis of *Badkan* disorder
2. Badkangyi nadgsoba - Treatment of *Badkan* disorder through diet, lifestyle, medicine and therapies

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. 'Dusnad bad kan smug po bcos pa (Treatment of BadkansMugpo) - Treatment of general and specific *sMugpo*, specific location of *sMugpo*, acute and subtypes, post treatment therapy to prevent relapse of *sMugpo*

**Fundamental Text and MainReferences:**

1. YuthokYontenGonpo: *rGyudbZhi*(Oral Instruction Tantra Chapter 1-5)
2. Desi Sangye Gyatso: *Bai-ngon* (Oral Instruction Tantra Chapter 1-5)
3. KempaTsewang: *Nam-she de-vai doe-jo* (Oral InstructionTantraChapter 1-5)
4. SurkharLodoeGyalpo: *Mes-po 'izhel-lung* (Oral InstructionTantraChapter 1-5)
5. TroruTsenam:*Drang song Shalung*(Oral Instruction Tantra Chapter 1-5)

ཨ་མེ་ལྷོ་ལྷོ་བ་དཀར་བུ་བ་ལོ་རིམ་གསུམ་པའི་སློབ་ཚན།

**Bachelor of Sowa RigpaMedicine and Surgery  
Third Professional (12 Months)  
SEMESTER V (Odd Semester)**

**Paper III**

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** ManngagrgyudkyiKhongnadgSowa/ The Oral Instruction Tantra (Healing Metabolic Disorders)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. Ma zhubabcos pa (Treatment of Indigestion) - Causes, conditions, pathogenesis, classification, identification, diagnostic methods and general treatments of indigestion
2. Mazhubabcos pa - Specific treatments of indigestion based on its nature, types, association, etc.



PART –II THEORY MARKS: 10 TEACHING HOURS: 10

1. gCongchenskrannadbcos pa (Treatment of Tumor) - Causes, conditions, pathogenesis, classification, diagnostic methods, treatment of tumor

PART –III THEORY MARKS: 10 TEACHING HOURS: 10

1. sKyarbabdang 'Or nadbcos pa (Treatment of Generalized Edema and Localized Edema) - Pathogenesis, classification, and diagnostic methods of general edema, general and specific treatments of general edema
2. sKyarbabdang 'Or nadbcos pa - Causes, conditions, classification, general and specific diagnostic methods, treatment of edema

PART –IV THEORY MARKS: 10 TEACHING HOURS: 10

1. dMu chu bcos pa (Treatment of Ascites) - Pathogenesis, causes, conditions, classification, diagnostic methods and treatments of ascites

PART –V THEORY MARKS: 10 TEACHING HOURS: 10

1. gCongchenzadbyedbcospa (Treatment of Chronic Wasting Disorder) - Causes, conditions, signs and symptoms, and classification of chronic Wasting Disorder
2. gCongchenzadbyedbcospa - Treatments for general and specific types of chronic consumption disorders

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: *rGyudbZhi*(Oral Instruction Tantra Chapter 6-11)
2. Desi Sangye Gyatso: *Bai-ngon* (Oral Instruction Tantra Chapter 6-11)
3. KempaTsewang: *Nam-she de-vai doe-jo* (Oral Instruction Tantra Chapter 6-11)
4. SurkharLodoeGyalpo: *Mes-po 'izhel-lung*(OralInstructionTantra Chapter 6-11)
5. TroruTsenam: *Drang song Shalung*(Oral Instruction Tantra Chapter 6-11)

ཨ་མ་མཚན་པ་དཀར་བུ་པ་ལོ་རིམ་གསུམ་པའི་སློབ་ཚན།

**Bachelor of Sowa Rigpa Medicine and Surgery**  
**Third Professional (12 Months)**  
**SEMESTER V (Odd Semester)**

Paper: IV

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** ManNgagrGyudTshabagSowa / The Oral Instruction Tantra (General Specific Fevers)

PART –I THEORY MARKS: 10 TEACHING HOURS: 10

1. Tshabaspyi dang tshagrang gal mdo, ri thang mtshams (General Hot Disorder, Deceptive States of Hot and Cold Disorder and Borderline of hot Disorder) - Causes, conditions, nature, definition, purpose, diagnostic methods and remedies of treatment

PART –II THEORY MARKS: 10 TEACHING HOURS: 10

1. Tshaba ma smin pa dang rGyastshad, sTongstshadbcospa (Treatment of Unripened Hot Disorder, Acute Hot Disorder and Empty Hot Disorder) - Causes, conditions, nature, definition, classification, diagnostic and treatment methods

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. Gab tshad dang tshabarnyings pa, tshabarnyogs pa bcos pa (Treatment of Hidden Hot Disorder, Chronic Hot Disorder and Turbid Hot Disorder) - Causes, conditions, nature, definition, classification, diagnostic methods and treatment methods

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. 'grams tshad dang 'khrugstshad, rims tshadbcospa (Treatment of Traumatic Hot Disorder, Disturbed Hot Disorder and Balnae) - Causes, conditions, nature, definition, classification, signs and symptoms, treatment methods

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. 'Brum rims dang rgyugzer, gag lhog and cham rims bcos pa (Treatment of Smallpox, Dysentery, Diphtheria and Lhogpa, Cold and Flu) - Causes, conditions, nature, definition, types, signs and symptoms, treatment methods

**Fundamental Text and MainReferences:**

1. YuthokYontenGonpo: *rGyudbZhi*(Oral Instruction Tantra Chapter 12-27)
2. Desi Sangye Gyatso: *Bai-ngon* (Oral Instruction Tantra Chapter 12-27)
3. SurkharLodoeGyalpo: *Mai-poeshel- loong* (Oral Instruction Tantra Chapter 12-27)
4. KempaTsewang: *Nam-sheylak-lensel-jed*(Oral Instruction Tantra Chapter 12-27)
5. TroruTsenam: *rGyudbZhidrel-chen* (Oral Instruction Tantra Chapter 12-27)

ཕྱག་ལཱ་བླ་མ་འཇམ་མཉམས་པའི་སློབ་ཚན།

**Bachelor of Sowa RigpaMedicine and Surgery  
Third Professional (12 Months)  
SEMESTER V (Odd Semester)**

Paper: V

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** ManrGyudLusstodgsowa / The Oral Instruction Tantra (Head and Neck Disorders)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. mGonadgsoba (Treatment of Head Disorder) - Causes, conditions, classification, and diagnosis through pulse reading, urine analysis, etc.
2. mGonadgsoba - Treatment of major head disorders caused by disorder of *rLung* and lymph nodes, etc

**PART –II THEORY MARKS: 10 TEACHING HOURS: 10**

1. Mignadgsoba (Treatment of Eye Disorder) - Causes, conditions, classification, diagnostic methods of eye disorders
2. Mignadgsoba - Treatment of eyes disorders including cataract removal through medicines, therapies, diets and lifestyles

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. rNaba'inadgsoba (Treatment of Ear Disorder) - Causes, conditions, classification, and diagnostic methods of ears disorders
2. rNaba'inadgsoba - Treatments of ears disorders like secretion of pus, perforation, etc.

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. sNanaddang Kha nadgsoba (Treatment of Nose and Mouth Disorder) - Causes, conditions, classification, diagnosis and treatments of nose and mouth disorders
2. sNanaddang Kha nadgsoba - Causes, conditions, classification, signs and symptoms, and treatment of mouth disorders

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. IBababcos pa (Treatment of Goitre) - Causes, conditions, classification, diagnosis and treatments of goiter

**Fundamental Text and Main References:**

1. YuthokYontenGonpo: *rGyudbZhi*(Oral Instruction Tantra Chapter 28-33)
2. Desi Sangye Gyatso: *Bai-ngon* (Oral Instruction Tantra Chapter 28-33)
3. KempaTsewang: *Nam-she de-vai doe-jo* (Oral Instruction Tantra Chapter 28-33)
4. SurkharLodoeGyalpo: *Mes-po 'izhel-lung* (Oral Instruction Tantra Chapter 28-33)
5. TroruTsenam:*Drang song Shalung*(Oral Instruction Tantra Chapter 28-33)

འགྲུབ་པ་དཀར་བུ་པ་ལོ་རིམ་གསུམ་པའི་སློབ་ཚན།  
**Bachelor of Sowa Rigpa Medicine and Surgery**  
**Third Professional (12 Months)**  
**SEMESTER VI (Even Semester)**

**Paper I**

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** Manrgyud Don snod dang gSangnadgsowa / The Oral Instruction Tantra, Disorders of Thorax, Abdomen and Genital Organs

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. sNyingnad dang Glo nadgsoba (Treatment of Cardiac and Pulmonary Diseases) - Causes, conditions, classification, diagnostic methods of cardiac diseases
2. sNyingnad dang Glo nadgsoba - Causes, condition, diagnostic methods and treatment of pulmonary diseases

PART –II THEORY MARKS: 10 TEACHING HOURS: 10

1. mChinnad dang mChernadgsoba (Treatment of Hepatic and Spleen Diseases) - Causes, condition, classification, diagnosis and treatment of hepatic and spleen diseases

PART –III THEORY MARKS: 10 TEACHING HOURS: 10

1. mKhalnad dang pho nadgsoba (Treatment of Kidney and Stomach Diseases) - Causes, conditions, classification, diagnosis and treatment of kidneys and stomach diseases

PART –IV THEORY MARKS: 10 TEACHING HOURS: 10

1. rGyunaddang Long nadgsoba (Treatment of Small Intestinal and Colon Diseases) - Causes, conditions, diagnosis and treatment of small intestinal and colon diseases

PART –V THEORY MARKS: 10 TEACHING HOURS: 10

1. Pho mtshannad dang momtshannadgsoba (Treatment of Male and Female Genital Diseases) - Causes, conditions, classification, diagnosis and treatment of genital diseases

Fundamental Text and Main References:

1. YuthokYontenGonpo: *rGyudbZhi* (Oral Instruction Tantra Chapter 34-43)
2. Desi Sangye Gyatso: *Bai-ngon* (Oral Instruction Tantra Chapter 34-43)
3. KempaTsewang: *Nam-she de-vai doe-jo* (Oral Instruction Tantra Chapter 34-43)
4. SurkharLodoeGyalpo: *Mes-po 'izhel-lung* (Oral Instruction Tantra Chapter 34-43)
5. TroruTsenam: *Drang song Shalung* (Oral Instruction Tantra Chapter 34-43)

༄༅། ལྷན་པ་དཀའ་བཅུ་པ་ལོ་རིམ་གསུམ་པའི་སློབ་ཚན།  
Bachelor of Sowa Rigpa Medicine and Surgery  
Third Professional (12 Months)  
**SEMESTER VI (Even Semester)**

Paper: II

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** ManrGyudThornadgSowa - I/ The Oral Instruction Tantra (Treatment of Unclassified Disorders - I)

PART –I THEORY MARKS: 10 TEACHING HOURS: 10

1. sKad 'gags dang Yi ga 'chus pa gsoba (Treatment of Hoarseness of Voice and Anorexia) - Causes, condition, classification, pathogenesis, signs and symptoms and treatment

PART –II THEORY MARKS: 10 TEACHING HOURS: 10

1. sKonnad dang sKyigsbu'inadgsoba (Treatment of Thirst and Hiccup) - Causes, condition, classification, signs and symptoms and method of treatment

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. dBug mi bdebagsoba (Treatment of Asthma) - Causes, conditions, classification, signs and symptoms and method of treatment of asthma

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. Glangthabsbcospa (Treatment of Abdominal Cramps) - Causes, conditions, classification, diagnosis and treatment methods

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. Srinnadbcos pa (Treatment of Cin Disorders) - Causes, condition, classification, and diagnostic methods of internal and external *Sin*
2. Srinnadbcos pa - Remedial measures to treat external and internal *sin* disorder

**Fundamental Text and MainReferences:**

1. YuthokYontenGonpo: *rGyudbZhi*(Oral Instruction Tantra Chapter 44-50)
2. DesiSangyeGyatso:*Bai-ngon* (Oral Instruction TantraChapter44-50)
3. KempaTsewang: *Nam-she de-vai doe-jo* (Oral Instruction Tantra Chapter 44-50)
4. SurkharLodoeGyalpo: *Mes-po 'izhel-lung* (Oral Instruction Tantra Chapter 44-50)
5. TroruTsenam:*Drang song Shalung*(Oral Instruction Tantra Chapter 44-50)

༄༅། ལྷན་པ་དཀའ་བཅུ་པ་ལོ་རིམ་གསུམ་པའི་སློབ་ཚན།  
**Bachelor of Sowa Rigpa Medicine and Surgery**  
**Third Professional (12 Months)**  
**SEMESTER VI (Even Semester)**

Paper: III

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** ManrGyudThornadgSowa - II/ The Oral Instruction Tantra (Treatment of Unclassified Disorders - II)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. sKyugsnad dang 'Khruba'inadbcos pa (Treatment of Vomit and Diarrhea) - Causes, conditions, classification, signs and symptoms and method of treatment

PART –II THEORY MARKS: 10 TEACHING HOURS: 10

1. Dri ma 'gags pa gsoba (Treatment of Constipation) - Causes, conditions, classification, signs and symptoms, and treatment of constipation

PART –III THEORY MARKS: 10 TEACHING HOURS: 10

1. Chu 'gags gsoba (Treatment of Urine Obstruction) - Causes, conditions, classification, signs and symptoms, and method of treatment of complete obstruction of urine

PART –IV THEORY MARKS: 10 TEACHING HOURS: 10

1. gCinsnyiba'inadgsoba (Treatment of Chin-nyi) - Causes, conditions, classification, signs and symptoms, and treatments of *Chin-nyi* along with its complications

PART –V THEORY MARKS: 10 TEACHING HOURS: 10

1. Tshadpa'i 'khrubagsobaChapter (Treatment of Dysentery) - Causes, conditions, classification, signs and symptoms, and method of treatment of dysentery

Fundamental Text and Main References:

1. YuthokYontenGonpo: *rGyudbZhi*(Oral Instruction Tantra Chapter 51-56)
2. DesiSangyeGyatso:*Bai-ngon* (Oral Instruction Tantra Chapter 51-56)
3. KempaTsewang: *Nam-she de-vai doe-jo* (Oral Instruction Tantra Chapter 51-56)
4. SurkharLodoeGyalpo: *Mai-poeshel-loon* (Oral InstructionTantraChapter 51-56)
5. TroruTsenam: *Drang song Shalung* (Oral Instruction Tantra Chapter 51-56)

ཨ་མ་མཚན་པ་དཀར་བཅུ་པ་ལོ་རིམ་གསུམ་པའི་སློབ་ཚན།  
Bachelor of Sowa RigpaMedicine and Surgery  
Third Professional (12 Months)  
**SEMESTER VI (Even Semester)**

Paper: IV

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** ManrGyudThornadgSowa - III/ The Oral Instruction Tantra (Treatment of Unclassified Disorders - III)

PART –I THEORY MARKS: 10 TEACHING HOURS: 10

1. Dreg naddangGrumnadbcospa (Treatment of Gout and Arthritis) - Causes, conditions, classification, signs and symptoms and method of treatment

PART –II THEORY MARKS: 10 TEACHING HOURS: 10

1. Chu ser gyinadgsoba (Treatment of Serum Disorder) - Causes, conditions, classification, signs and symptoms, and method of treatment of Serum disorders

**PART –III THEORY MARKS: 10 TEACHING HOURS: 10**

1. rTsadkargyinadbcos pa (Treatment of Nerve Disorder) - Causes, conditions, classification, signs and symptoms, and method of treatment of Nerves disorders

**PART –IV THEORY MARKS: 10 TEACHING HOURS: 10**

1. lPagspa'inadgsoba (Treatment of Skin Disorder) - Causes, conditions, classification, signs and symptoms, and method of treatment of Skin Diseases

**PART –V THEORY MARKS: 10 TEACHING HOURS: 10**

1. Phranbu'inadgsoba (Treatment of Minor Disorder) -Causes, conditions, classification, signs and symptoms, and method of treatment of Minor Diseases

**Fundamental Text and MainReferences:**

1. YuthokYontenGonpo: *rGyudbZhi*(Oral Instruction Tantra Chapter 57-62)
2. Desi Sangye Gyatso: *Bai-ngon* (Oral Instruction Tantra Chapter 57-62)
3. SurkharLodoeGyalpo: *Mai-poeshel- loong* (Oral Instruction TantraChapter 57-62)
4. KempaTsewang: *Nam-sheylak-lensel-jed*(Oral Instruction Tantra Chapter 57-62)
5. TroruTsenam: *rGyudbZhiDrang song Shalung* (Oral Instruction Tantra Chapter 57-62)

ཕྱག་ལཱ་བྱེད་པའི་ལོ་ལྷན་པའི་སློབ་ཚན།

**Bachelor of Sowa RigpaMedicine and Surgery  
Third Professional (12 Months)  
SEMESTER VI (Even Semester)**

Paper: V

Theory Marks: 50 (Credits 2)

Teaching Hours: 50

Practical/Demonstration Marks: 50 (Credits 2)

Practical/Demonstration Hours: 50

**SUBJECTS:** ManrGyudlhanskyermagsowa / The Oral Instruction Tantra (Treatment of Endogenous Wounds)

**PART –I THEORY MARKS: 10 TEACHING HOURS: 10**

1. 'Bras bcos pa (Treatment of Cancer) - Causes, conditions, classification, diagnostic methods including pulse reading, urine analysis, and physical examination etc. of cancer
2. 'Bras bcos pa - Various methods of treatment against cancer like dissolving the external cancer etc.

PART –II THEORY MARKS: 10 TEACHING HOURS: 10

1. gZhang 'brumgsoba (Treatment of Piles/Hemorrhoids) - Causes, conditions, classification, diagnosing general and specific types of piles that are either easily curable or hard to cure
2. gZhang 'brumgsoba - Treatments of hemorrhoids through four remedial measures of medicines, therapies, diets and lifestyles

PART –III THEORY MARKS: 10 TEACHING HOURS: 10

1. Me dbal dang Sur ya'inadgsoba (Treatment of Me-val and Surya) - Causes, conditions, classification, location, diagnostic methods and treatments

PART –IV THEORY MARKS: 10 TEACHING HOURS: 10

1. rMenbudangrLigrlugsgsoba (Treatment of Lymph node disorder and Swelling of Scrotum) - Causes, conditions, classification, diagnostic method and specific treatment

PART –V THEORY MARKS: 10 TEACHING HOURS: 10

1. rKang bam nad dang mTshan bar rdolbagsoba(Treatment of *rKang bam* and Perineal Fistula) - Causes, conditions, classification, diagnostic methods and treatment

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: *rGyudbZhi*(Oral Instruction Tantra Chapter 63-70)
2. DesiSangyeGyatso:*Bai-ngon* (Oral Instruction Tantra Chapter 63-70)
3. KempaTsewang: *Nam-she de-vai doe-jo* (Oral Instruction Tantra Chapter 63-70)
4. SurkharLodoeGyalpo: *Mes-po 'izhel-lung* (OralInstructionTantraChapter 63-70)
5. TroruTsenam: *Drang song Shalung*(Oral Instruction Tantra Chapter 63-70)

ཕྱུགས་པ་དཀའ་བཅུ་པ་ལོ་ལྔ་མ་གསུམ་པའི་སློབ་ཚན།  
Bachelor of Sowa RigpaMedicine and Surgery  
Third Professional (12 Months)

Practical/Oral/ Viva Voce

S. No	Description	M. Marks	Credits
1.	Memorization /Oral Test	100	4
2.	Interview/Viva Voce, Group projects, Identification, Dissertation, Clinical and Pharmaceutical practical works, etc.	500	20
3.	Allegorical Tree (Dhongdrem)	50	2



	Grand Total	650	26
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Bachelor of Sowa Rigpa Medicine and Surgery

Final Professional (18 Months)

No. of teaching (Theory):	650 Hours
Theory 5 Papers:	500 Marks each (Credits 20)
No. of teaching (Practical):	500 Hours
Practical/Viva Voce:	650 (Credits 26)
Total M. Marks:	1150
Total Credit Points:	46

**SEMESTER VII (Odd Semester)**

Paper: I

Theory Marks: 30 (Credits 1.2)

Teaching Hours: 50

Practical/Demonstration Marks: 30 (Credits 1.2)

Practical/Demonstration Hours: 30

**SUBJECTS:** ManngargyudbyispagSoba / The Oral Instruction Tantra (Neonatal care and Pediatrics)

PART –I THEORY MARKS: 6 TEACHING HOURS: 10

1. Byis pa nyerspyodgsoba (Neonatal Care) - Initial neonatal cares includes utterance of auspicious words at the time of delivery and method of cutting umbilical cords etc.
2. Byis pa nyerspyodgsoba - Neonatal cares including performing ritual offering and erecting models of guardian angels etc, for the protection of newborns

PART –II THEORY MARKS: 6 TEACHING HOURS: 10

1. Byispa'inadgsoba (Treatment of General Pediatric Disorder) - Causes, conditions, classification and diagnosis various types of pediatric disorders
2. Byispa'inadgsoba - Principle of treatments for general disorders of pediatrics through four remedial measures

PART –III THEORY MARKS: 6 TEACHING HOURS: 10

1. Byispa'inadgsoba (Treatment of General Pediatric Disorder) - Remedies against gross pediatric disorders such as vomiting, and diarrhea etc.

PART –IV THEORY MARKS: 6 TEACHING HOURS: 10

1. Byispa'inadgsoba - Treatment for subtle disorders such as swelling of heads and common eyes disorders etc

PART –V THEORY MARKS: 6 TEACHING HOURS: 10

1. Byispa'igdongsoba (Treatment of Pediatric Disorder caused by Spirits) - Classification, diagnostic methods, mild treatments against spirit disorders
2. Byispa'igdongsoba (Treatment of Pediatric Disorder caused by Spirits) - Drastic treatments against evil spirit like suppressing, burning, and surrounding the effigy etc.

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: *rGyudbZhi*(Oral Instruction Tantra Chapter 71-73)
2. DesiSangyeGyatso : *Bai-ngon* (Oral Instruction Tantra Chapter 71-73)
3. KempaTsewang: *Nam-she de-vai doe-jo* (Oral Instruction Tantra Chapter 71-73)
4. SurkharLodoeGyalp: *Mes-po 'izhel-lung* (OralInstructionTantra Chapter71-73)
5. TroruTsenam: *Drang song Shalung*(Oral Instruction Tantra Chapter 71-73)

ཨ་མཁའ་ལྷན་པ་དཀར་བུ་པ་ལོ་རིམ་བཞི་པའི་སློབ་ཚན།  
Bachelor of Sowa Rigpa Medicine and Surgery  
Final Professional (18 Months)  
**SEMESTER VII (Odd Semester)**

Paper: II

Theory Marks: 30 (Credits 1.2)

Teaching Hours: 30

Practical/Demonstration Marks: 30 (Credits 1.2)

Practical/Demonstration Hours: 30

**SUBJECTS:** ManngagrGyud Monad gSoba / The Oral Instruction Tantra (Treatment of Gynecological and Obstetrics Disorders)

**PART –I THEORY MARKS: 6 TEACHING HOURS: 6**

1. Monad gtsobospyigsoba (Treatment of General Gynecological Disorder) - Causes, condition, classification, and diagnosis of general gynecological disorders
2. Monad gtsobospyigsoba - Treatments for *khragtsabandLhungtsab*

**PART –II THEORY MARKS: 6 TEACHING HOURS: 6**

1. Monad bye brag bcos pa (Treatment of Specific Gynecological Disorder) - Classification and diagnostic methods of specific types of gynecological disorder
2. Monad bye brag bcos pa - Treatments for *khragtsabandlungtsab*

PART –III THEORY MARKS: 6 TEACHING HOURS: 6

1. Monad bye brag bcas pa - Treatments for microorganism diseases like active and enraged microorganisms in uterus; classification of post-partum disorders

PART –IV THEORY MARKS: 6 TEACHING HOURS: 6

1. Monad phal pa gsoba (Treatment of Obstetrics Disorders) -Methods to correct breeched baby and presentations of a fetus; treatments of morning sickness; management of abortion; methods to overcome difficult labor
2. Monad phal pa gsoba - Methods to remove dead fetus and placenta, managing prolapsed uterus; controlling excessive bleedings after delivery

PART –V THEORY MARKS: 6 TEACHING HOURS: 6

1. Monad phal pa gsoba -Symptoms and treatments of accumulation of remnant disorder from delivery and *lug thab*(post-partum fever induced by *Tri-pa* disorder)

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: *rGyudbZhi*(Oral Instruction Tantra Chapter 74-76)
2. DesiSangyeGyatso : *Bai-ngon* (Oral Instruction Tantra Chapter 74-76)
3. KempaTsewang: *Nam-she de-vai doe-jo* (Oral Instruction Tantra Chapter 74-76)
4. SurkharLodoeGyalpo: *Mes-po 'izhel-lung* (Oral Instruction Tantra Chapter 74-76)
5. TroruTsenam: *Drang song Shalung* (Oral Instruction Tantra Chapter 74-76)

ཨ།སྐྱུ་པ་དཀའ་བཅུ་པ་ལོ་རིམ་བཞི་པའི་སློབ་ཚན།

Bachelor of Sowa RigpaMedicine and Surgery

Final Professional (18 Months)

**SEMESTER VII (Odd Semester)**

Paper: III

Theory Marks: 30 (Credits 1.2)

Teaching Hours: 30

Practical/Demonstration Marks: 30 (Credits 1.2)

Practical/Demonstration Hours: 30

**SUBJECTS:** ManrGyudgdonnadgSoba / The Oral Instruction Tantra (Treatment of Disorders caused by Spirits)

PART –I THEORY MARKS: 6 TEACHING HOURS: 6

1. 'ByungpoigDhon (Treatment of Disorders caused by Elemental Spirit) - Causes, conditions, classification, signs and symptoms, and treatment of spirits

PART –II THEORY MARKS: 6 TEACHING HOURS: 6

1. sMyobJedkyigDhon (Treatment of Psychosis) - Causes, conditions, classification, signs & symptoms and treatment of Psychosis

PART –III THEORY MARKS: 6 TEACHING HOURS: 6

1. brJedbrJedkyigDhon (Treatment of Dementia) - Causes, conditions, classification, signs & symptoms and treatment of Dementia

PART –IV THEORY MARKS: 6 TEACHING HOURS: 6

1. gZaigDhon (Treatment of Epilepsy) - Causes, conditions, classification, signs and symptoms and treatment of Epilepsy

PART –V THEORY MARKS: 6 TEACHING HOURS: 6

1. kLhugDhon (Treatment of Leprosy) - Causes, conditions, classification, signs and symptoms and treatment of Leprosy

Fundamental text and MainReferences:

1. YuthokYontenGonpo:*rGyudbZhi*(Oral Instruction Tantra Chapter 77-81)
2. Desi Sangye Gyatso: *Bai-ngon* (Oral Instruction Tantra Chapter 77-81)
3. SurkharLodoeGyalpo:*Mai-poeshelloong*(Oral Instruction Tantra Chapter 77-81)
4. KempaTsewang:*Nam-sheylak-lensel-jed*(Oral Instruction Tantra Chapter 77-81)
5. TroruTsenam:*rGyudbZhidrel-chen* (Oral Instruction Tantra Chapter 77-81)

༄༅།སྐྱེན་པ་དཀའ་བརྩུ་པ་ལོ་རིམ་བཞི་པའི་སློབ་ཚན།  
Bachelor of Sowa Rigpa Medicine and Surgery  
Final Professional (18 Months)  
**SEMESTER VII (Odd Semester)**

Paper: IV

Theory Marks: 30 (Credits 1.2)

Teaching Hours: 50

Practical/Demonstration Marks: 30 (Credits 1.2)

Practical/Demonstration Hours: 30

**SUBJECTS:** ManrGyud dugnadgSoba / The Oral Instruction Tantra (Treatment of Toxicology)

PART –I THEORY MARKS: 6 TEACHING HOURS: 10

1. sJar dug (Treatment of Compounded Poison) - Causes, conditions, classification, signs and symptoms of Toxicosis

PART –II THEORY MARKS: 6 TEACHING HOURS: 10

1. sJar dug (Treatment of Compounded Poison) - Treatment of Toxicosis

PART –III THEORY MARKS: 6 TEACHING HOURS: 10

1. Gyur dug - Causes, conditions, classification, signs and symptoms of food poisoning

PART –IV THEORY MARKS: 6 TEACHING HOURS: 10

1. Gyurdug - Treatment Method of Food poisoning

PART –V THEORY MARKS: 6 TEACHING HOURS: 10

1. dNosdug (Treatment of Natural Poison) - Causes, conditions, classification, signs and symptoms, and method of treatment of nature and animal poisons

Fundamental text and MainReferences:

1. YuthokYontenGonpo: *rGyudbZhi*(Oral Instruction Tantra Chapter 87-89)
2. Desi Sangye Gyatso: *Bai-ngon* (Oral Instruction Tantra Chapter 87-89)
3. KempaTsewang: *Nam shed de ve doe jo* (Oral Instruction Tantra Chapter 87-89)
4. ZurkharLodoeGyalpo: *Mai-poi shel-loong* (Oral InstructionTantraChapter 87-89)
5. TroruTsenam: *Drang song Shalung*(Oral Instruction Tantra Chapter 87-89)

ཕྱག་ལཱ་དཔུང་པོའི་སློབ་ཚན།

Bachelor of Sowa RigpaMedicine and Surgery

Final Professional (18 Months)

**SEMESTER VII (Odd Semester)**

Paper: V

Theory Marks: 30 (Credits 1.2)

Teaching Hours: 50

Practical/Demonstration Marks: 30 (Credits 1.2)

Practical/Demonstration Hours: 30

**SUBJECTS-** Man rGyudRortsa dang bCudlen / The Oral Instruction Tantra (Rejuvenation and Virilification)

PART –I THEORY MARKS: 6 TEACHING HOURS: 10

1. bCud Len (Rejuvenation) - Rejuvenation for old ages

PART –II THEORY MARKS: 6 TEACHING HOURS: 10

1. RortsaKhuwagSoba (Virilification/Aphrodisiac) - Aphrodisiac meaning, benefits, place and procedures

PART –III THEORY MARKS: 6 TEACHING HOURS: 10

1. RortsaKhuwagSoba - Virilification/ aphrodisiac measures for the adults who needs child

PART –IV THEORY MARKS: 6 TEACHING HOURS: 10

1. Bu MedpabTsalba (Treatment of Impotency in Female) - Definition of impotency in female, its cause, types and symptoms

PART –V THEORY MARKS: 6 TEACHING HOURS: 10

1. Bu MedpabTsalba - Detail treatment through diet, medicine, therapy, surgery etc

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: *rGyudbZhi* (Oral Instruction Tantra Chapter 90-92)
2. Desi Sangye Gyatso: *Bai-ngon* (Oral Instruction Tantra Chapter 90-92)
3. SurkharLodoeGyalpo: *Mai-poeshel- loong* (Oral Instruction TantraChapter 90-92)
4. KempaTsewang: *Nam-sheylak-lensel-jed*(Oral Instruction Tantra Chapter 90-92)
5. TroruTsenam: *rGyudbZhidrel-chen* (Oral Instruction Tantra Chapter 90-92)

ལྷན་སྐྱོད་པ་དཀའ་བརྩུ་པ་ལོ་རིམ་བཞི་པའི་སློབ་ཚན།  
Bachelor of Sowa RigpaMedicine and Surgery  
Final Professional (18 Months)  
**SEMESTER VIII (Even Semester)**

Paper: I

Theory Marks: 35 (Credits 1.4)

Teaching Hours: 50

Practical/Demonstration Marks: 35 (Credit 1.4)

Practical/Demonstration Hours: 35

**SUBJECTS:** ManrGyudrTsubdPyad&rMagSoba / The Oral Instruction Tantra (Wounds and Surgical Therapy)

PART –I THEORY MARKS: 7 TEACHING HOURS: 10

1. rMaspyi'igsothabs (Treatment of General Injury Wounds) - Causes, conditions and definition of injuries caused by weapons/external objects

PART –II THEORY MARKS: 7 TEACHING HOURS: 10

1. rMaspyi'igsothabs - Types, location, classification and manner of transformation of wounds and injuries

PART –III THEORY MARKS: 7 TEACHING HOURS: 10

1. rMaspyi'igsothabs- Examining damages of wounds and injuries, identifying the level of seriousness of the case and examination of vulnerable sites

**PART –IV THEORY MARKS: 7 TEACHING HOURS: 10**

1. rMaspyi'igsothabs- General treatment of wounds and injuries including controlling of swelling, healing cuts, healing necrosis, diet and behavioral pattern

**PART –V THEORY MARKS: 7 TEACHING HOURS: 10**

1. rMaspyi'igsothabs - Specific treatment of wounds and injuries including healing of abrasion, suturing of cuts, joining the separate parts, cutting the dangled part, healing and setting the fracture etc.

**Fundamental text and MainReferences**

1. YuthokYontenGonpo: *rGyudbZhi*(Oral Instruction TantraChapter 82)
2. Desi Sangye Gyatso: *Bai-ngon* (Oral Instruction Tantra Chapter 82)
3. SurkharLodoeGyalpo: *Mai-poeshel- loong* (Oral Instruction TantraChapter 82)
4. KempaTsewang:*Nam-sheylak-lensel-jed*(Oral Instruction TantraChapter 82)
5. TroruTsenam: *rGyudbZhidrel-chen* (Oral Instruction TantraChapter 82)

ཕྱག་སྐྱོན་པ་དཀའ་བཅུ་པ་ལོ་རིམ་བཞི་པའི་སློབ་ཚན།

**Bachelor of Sowa RigpaMedicine and Surgery  
Final Professional (18 Months)  
SEMESTER VIII (Even Semester)**

Paper: II

Theory Marks: 35 (Credits 1.4)

Teaching Hours: 35

Practical/Demonstration Marks: 35 (Credits 1.4)

Practical/Demonstration Hours: 35

**SUBJECTS:** ManrGyudrTsubdPyad&rMagSoba / The Oral Instruction Tantra (Wounds and Surgical Therapy of Head and Neck)

**PART –I THEORY MARKS: 7 TEACHING HOURS: 7**

1. mGobo'irmagsoba (Treatment of Injuries to the Head) - Anatomical structure of head, brain, muscles of head, channels, cranium, etc. to study about the wound condition

**PART –II THEORY MARKS: 7 TEACHING HOURS: 7**

1. mGobo'irmagsoba - Examination of severity of the injury based on the nature of weapon and location of the injury etc.

**PART –III THEORY MARKS: 7 TEACHING HOURS: 7**



1. mGobo'irmagsoba - King like condensed treatment of healing through melted essence, diet and medicine; minister like moxabustion treatment; mass like treatment of cutting

**PART –IV THEORY MARKS: 7 TEACHING HOURS: 7**

1. mGobo'irmagsoba - Treatment of injury of muscles including abrasion, cut, amputation and other specific treatment of bone, brain, channels etc.

**PART –V THEORY MARKS: 7 TEACHING HOURS: 7**

1. sKe'irmagsoba (Treatment of Injuries to the Neck) - Physical structure of muscle, bone, ligaments and tendons of the neck and their treatment in injury

**Fundamental text and MainReferences:**

1. YuthokYontenGonpo: *rGyudbZhi*(Oral Instruction Tantra Chapter 83, 84)
2. Desi Sangye Gyatso: *Bai-ngon* (Oral Instruction Tantra Chapter 83,84)
3. SurkharLodoeGyalpo: *Mai-poeshel-loong* (Oral Instruction TantraChapter 83,84)
4. KempaTsewang: *Nam-sheylak-lensel-jed*(Oral Instruction TantraChapter 83,84)
5. TroruTsenam: *Drang song Shalung* (Oral Instruction Tantra Chapter 83,84)

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**Bachelor of Sowa RigpaMedicine and Surgery**  
**Final Professional (18 Months)**  
**SEMESTER VIII (Even Semester)**

Paper: III

Theory Marks: 35 (Credits 1.4)

Teaching Hours: 35

Practical/Demonstration Marks: 35 (Credits 1.4)

Practical/Demonstration Hours: 35

**SUBJECTS:** ManrGyudrTsubdPyad&rMagSoba / The Oral Instruction Tantra (Wounds and Surgical Therapy of Abdomen)

**PART –I THEORY MARKS: 7 TEACHING HOURS: 7**

1. ByangKhogstodsmadgsoba (Surgical therapies of upper and lower part of the abdomen) - Skeletal, muscular, circulatory channels and vulnerable parts of abdomen
2. ByangKhogstodsmadgsoba -Cavities and vulnerability of wounds and injuries based on the site of infliction

**PART –II THEORY MARKS: 7 TEACHING HOURS: 7**

1. ByangKhogstodsmadgsoba - Assessment of infliction on vital and vessel organ through observation of sound, movement, pulseand urine

**PART –III THEORY MARKS: 7 TEACHING HOURS: 7**

1. ByangKhogstodsmadgsoba -Application of balm and extraction of foreign object
2. ByangKhogstodsmadgsoba(Surgical therapies of upper and lower part of the abdomen) - Various procedures of attending a wound based on different site of body

PART –IV THEORY MARKS: 7 TEACHING HOURS: 7

1. ByangKhogstodsmadgsoba - Special treatment of wounds and injuries inflicted on vital organs
2. ByangKhogstodsmadgsoba- Principle on the treatment of wound based on the nature of weapon and season

PART –V THEORY MARKS: 7 TEACHING HOURS: 7

1. ByangKhogstodsmadgsoba - Special treatment of wounds and injuries inflicted on vessel organs

Fundamental text and MainReferences:

1. YuthokYontenGonpo: *rGyudbZhi*(Oral Instruction Tantra Chapter 85)
2. Desi Sangye Gyatso: *Bai-ngon* (Oral Instruction Tantra Chapter 85)
3. SurkharLodoeGyalpo: *Mai-poeshel-long* (Oral InstructionTantra Chapter 85)
4. KempaTsewang: *Nam- shey de- vai doe- jo* (Oral InstructionTantra Chapter 85)
5. TroruTsenam: *Drang song Shalung*(Oral Instruction Tantra Chapter 85)

ཨ་མེ་ལྷན་པ་དཀར་བཅུ་པ་ལོ་རིམ་བཞི་པའི་སློབ་ཚན།

Bachelor of Sowa RigpaMedicine and Surgery  
Final Professional (18 Months)  
**SEMESTER VIII (Even Semester)**

Paper: IV

Theory Marks: 35 (Credits 1.4)

Teaching Hours: 50

Practical/Demonstration Marks: 35 (Credits 1.4)

Practical/Demonstration Hours: 35

**SUBJECTS:** ManrGyudrTsubdPyad&rMagSoba/ The Oral Instruction Tantra (Treatment of Wounds and Surgical Therapy of Limbs)

PART –I THEORY MARKS: 7 TEACHING HOURS: 10

1. Yan lag girmagsoba - Anatomical structure of muscles, lymph nodes and its relation with injury and wounds
2. Yan lag girmagsoba- Network of channels on limbs and anatomical structure of bone marrow

PART –II THEORY MARKS: 7 TEACHING HOURS: 10

1. Yan lag girmagsoba -Anatomical structure of bones, joints, ligaments and tendons
2. Yan lag girmagsoba- Anatomical structure of muscle and channel on limbs; general and specific signs and symptoms of wound and injury inflicted on vulnerable site

PART –III THEORY MARKS: 7 TEACHING HOURS: 10

1. Yan lag girmagsoba- Treatment based on progressiveness of wound and management of wound and injury by restricting the movement of patient based on various site of infliction

**PART –IV THEORY MARKS: 7 TEACHING HOURS: 10**

1. Yan lag girmagsoba - Examination and extraction of foreign object; controlling infection and inflammation
2. Yan lag girmagsoba- Management and treatment of pus and serous fluid formed due to injury

**PART –V THEORY MARKS: 7 TEACHING HOURS: 10**

1. Yan lag girmagsoba -Different ways of managing and resetting the fracture
2. Yan lag girmagsoba- Management of dislocation of joints

**Fundamental Text and Main References**

1. YuthokYontenGonpo: *rGyudbZhi*(Oral Instruction Tantra Chapter 86)
2. Desi Sangye Gyatso: *Bai-ngon* (Oral Instruction Tantra Chapter 86)
3. SurkharLodoeGyalpo: *Mai-poeshelloong* (Oral InstructionTantra Chapter 86)
4. KempaTsewang: *Nam-shey de- vai doe- jo* (Oral InstructionTantra Chapter 86)
5. TroruTsenam: *Drang song Shalung*(Oral Instruction Tantra Chapter 86)

༄༅།སྐྱུ་པ་དཀའ་བརྩ་པ་ལོ་རིམ་བཞི་པའི་སློབ་ཚན།

**Bachelor of Sowa Rigpa Medicine and Surgery  
Final Professional (18 Months)  
SEMESTER VIII (Even Semester)**

Paper: V

Theory Marks: 35 (Credits 1.4)

Teaching Hours: 50

Practical/Demonstration Marks: 35 (Credits 1.4)

Practical/Demonstration Hours: 35

**SUBJECTS:** bShadrGyudkyi cha byaddyaddang PhyrGyudkyi log gnonthurma / The Explanatory Tantra (Description of Surgical Instrument) and The Subsequent Tantra (Thurma)

**PART –I THEORY MARKS: 7 TEACHING HOURS: 10**

1. dPyadkyi log gnonthurma (Surgical Instruments and Therapy) - Cause and types of fractures and benefits of surgical therapy

**PART –II THEORY MARKS: 7 TEACHING HOURS: 10**

1. dPyadkyi log gnonthurma - Observing the disorder against which surgical therapy should be applied or avoided

**PART –III THEORY MARKS: 7 TEACHING HOURS: 10**

1. dPyadkyi log gnonthurma - Methods of using the appropriate Surgical instruments

**PART –IV THEORY MARKS: 7 TEACHING HOURS: 10**

1. dPyadkyi log gnonthurma - General and specific points for using the surgical instrument; Maintaining physical posture while using the surgical instrument

**PART –V THEORY MARKS: 7 TEACHING HOURS: 10**

1. ChhabJeddPyad(Description of Surgical Instrument) -Methods of surgical therapy, its various surgical procedures and measurement

**Fundamental Text and Main References**

1. YuthokYontenGonpo: *rGyudbZhi*(bShadrGyud Chapter 22 and PhyiGyud Chapter 25)
2. Desi Sangye Gyatso: *Bai-ngon* (bShadrGyud Chapter 22 and PhyiGyud Chapter 25)
3. SurkharLodoeGyalpo: *Mai-poeshel lung* (bShadrGyud Chapter 22 and PhyiGyud Chapter 25)
4. KempaTsewang: *Nam-sheylak-lensel-jed*(bShadrGyud Chapter 22 and PhyiGyud Chapter 25)
5. TroruTsenam: *Drang song Shalung*(bShadrGyud Chapter 22 and PhyiGyud Chapter 25)

ཨ།སྐྱུ་པ་དཀར་བུ་པ་ལོ་ལྷི་བའི་སྐབ་ཚན།

**Bachelor of Sowa Rigpa Medicine and Surgery  
Final Professional (18 Months)  
SEMESTER IX (Odd Semester)**

Paper: I

Theory Marks: 35 (Credits 1.4)

Teaching Hours: 50

Practical/Demonstration Marks: 35 (Credits 1.4)

Practical/Demonstration Hours: 35

**SUBJECTS:** Phyima'irGyudgyigTarbSrek / The Subsequent Tantra (Moxabustion and Venesection)

**PART –I THEORY MARKS: 7 TEACHING HOURS: 10**

1. gtarga(Venesection) - Acquiring surgical instrument with appropriate size and shape in accordance with the site where venesection is to be applied
2. gtarga - the general and specific basis on which venesection should be applied or avoided

**PART –II THEORY MARKS: 7 TEACHING HOURS: 10**

1. gtarga- Methods of segregation between diseased and essence blood; tourniquet and its application
2. gtarga- Amount of blood to be venesected based on the strength of patient; removal of hindrance for not having blood during venesection

**PART –III THEORY MARKS: 7 TEACHING HOURS: 10**

1. gtarga- Methods to stop the blood flow. Benefits and harmful effect of venesection; post therapy practice in healing and avoiding loss of speech due to increase of rLung disorder

**PART –IV THEORY MARKS: 7 TEACHING HOURS: 10**

1. me btsa' (Moxabustion) - How moxabustion came into practice; purpose and benefits of moxabustion; instrument and tools required for moxabustion. Disorders on which moxabustion should be applied or avoided
2. me btsa' - Application of different method of moxabustion like intense burning, mild burning, heating and touch in accordance with the nature of disorder and the site of body

**PART –V THEORY MARKS: 7 TEACHING HOURS: 10**

1. me btsa' - Establishing the point of moxabustion based on the nature of disorder
2. me btsa'- How to conduct post therapy practice and benefits of moxabustion

**Fundamental Text and MainReferences:**

1. YuthokYontenGonpo: *rGyudbZhi*(Subsequent Tantra Chapter 20,21)
2. Desi Sangye Gyatso: *Bai-ngon* (Subsequent Tantra Chapter 20,21)
3. SurkharLodoeGyalpo: *Mai-poeshel- loong* (Subsequent Tantra Chapter 20,21)
4. KempaTsewang: *Nam-sheylak-lensel-jed*(Subsequent Tantra Chapter 20,21)
5. TroruTsenam: *Drang song Shalung* (Subsequent Tantra Chapter 20, 21)

ཨ་མ་མཚན་པ་དཀར་བུ་ལོ་ལྷ་ལྷོ་བཞུགས་པའི་སློབ་ཚན།

**Bachelor of Sowa Rigpa Medicine and Surgery  
Final Professional (18 Months)  
SEMESTER IX (Odd Semester)**

Paper: II

Theory Marks: 35 (Credits 1.4)

Teaching Hours: 50

Practical/Demonstration Marks: 35 (Credits 1.4)

Practical/Demonstration Hours: 35

**SUBJECTS:** Phyima'irGyud Las Lnga / The Subsequent Tantra (External Therapy I)

**PART –I THEORY MARKS: 7 TEACHING HOURS: 10**

1. sNum 'chos (Oil Therapy) - Objective of oil therapy as preliminary to five evacuative therapies; indications and contra-indications of oil therapy
2. sNum 'chos - Actual application of oil therapy; different types of oil required as per the disorders. How to use oil therapy to cleanse defects of *nye-pa* and to enhance its medicinal value

**PART –II THEORY MARKS: 7 TEACHING HOURS: 10**

1. bshal (Purgation Therapy) - Understanding the basis of disorder, time and strength of patient whether purgation can be sustained or not
2. bshal - Untangling the disorder and testing the state of bowel as preliminary for usual administration of purgation. Practice and compounding of mild purgation against weak and pregnant patient and sharp purgation against strong constitution

PART –III THEORY MARKS: 7 TEACHING HOURS: 10

1. skyugs (Emesis Therapy) - Basis on which emesis should be applied or avoided; administration of preliminary of emesis where required. Administration of emesis in emergency cases
2. skyugs- The Compounding of Main and other formulations for emesis; different methods of administrating emesis

PART –IV THEORY MARKS: 7 TEACHING HOURS: 10

1. sNasman(Nasal Therapy) - Instant administration of emesis and managing emesis as per the strength of patient and nature of disorder
2. sNasman- Procedure to manage and treat cases of over administration of emesis; benefits and procedure of post therapy practice

PART –V THEORY MARKS: 7 TEACHING HOURS: 10

1. sNasman - Basis on which nasal therapy should be applied or avoided; compounding of Main and other formulations for nasal therapy. Methods of administration of nasal therapy; basis on which nasal cleansing should be applied or avoided; various compounds for nasal cleansing
2. sNasman - Methods of administration of nasal cleansing; procedure to manage and treat cases of over administration of nasal cleansing which results into loss of blood

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: *rGyudbZhi*(Subsequent Tantra Chapter 13-16)
2. Desi Sangye Gyatso: *Bai-ngon* (Subsequent Tantra Chapter 13-16)
3. SurkharLodoeGyalpo: *Mai-poeshel-loong* (SubsequentTantra Chapter 13-16)
4. KempaTsewang: *Nam-sheylak-lensel-jed*(SubsequentTantra Chapter 13-16)
5. TroruTsenam: *rGyudbZhidrel-chen* (Subsequent Tantra Chapter 13-16)

ཕྱག་ལཱ་ལ་དཀའ་བཅུ་པ་ལོ་རིམ་བཞི་པའི་སློབ་ཚན།  
Bachelor of Sowa Rigpa Medicine and Surgery  
Final Professional (18 Months)  
**SEMESTER IX (Odd Semester)**

Paper: III

Theory Marks: 35 (Credits 1.4)

Teaching Hours: 30

Practical/Demonstration Marks: 35 (Credits 1.4)

Practical/Demonstration Hours: 35

**SUBJECTS:** PhyimarGyud Las Lnga/ The Subsequent Tantra (External Therapy II)

**PART –I THEORY MARKS: 7 TEACHING HOURS: 6**

1. 'Jam rtsi (Mild Enema) - Basis on which mild enema should be applied or avoided; different types of compounds for mild enema
2. 'Jam rtsi - Physical posture during mild enema; methods of administrating mild enema and its benefits

**PART –II THEORY MARKS: 7 TEACHING HOURS: 6**

1. niruha(Strong Enema) - Basis on which strong enema should be applied or avoided; methods of applying enema
2. niruha- Methods of compounding different types of medication for strong enema

**PART –III THEORY MARKS: 7 TEACHING HOURS: 6**

1. rtsasbyongs (Channel Cleansing Therapy) - Features and aims of channel cleansing. Preliminaries for channel cleansing and opening of channel

2. rtsasbyongs - Compounding and process of applying perforating medicine

**PART –IV THEORY MARKS: 7 TEACHING HOURS: 6**

1. rtsasbyongs (Channel Cleansing Therapy) - Process of applying clearing medicine and arousing medicine
2. rtsasbyongs - Instructions on compounding of medicine for channel cleansing which is maneuvered and regulated as per the vulnerable site. Actual administration of channel cleansing, signs of successful channel cleansing

**PART –V THEORY MARKS: 7 TEACHING HOURS: 6**

1. rtsasbyongs - Post therapy practice of tapping and suppressing to avoid relapse
2. rtsasbyongs -Benefits and post therapy care of channel cleansing

**Fundamental Text and MainReferences:**

1. YuthokYontenGonpo: *rGyudbZhi*(Subsequent Tantra Chapter 17-19)
2. Desi Sangye Gyatso: *Bai-ngon* (Subsequent Tantra Chapter 17-19)
3. SurkharLodoeGyalpo: *Mai-poeshel-loong* (Subsequent Tantra Chapter 17-19)
4. KempaTsewang:*Nam-sheylak-lensel-jed*(SubsequentTantra Chapter 17-19)
5. TroruTsenam: *rGyudbZhidrel-chen* (Subsequent Tantra Chapter 17-19)

ཕྱག་སྐྱོན་པ་དཀའ་བཅུ་པ་ལོ་ལྷི་བའི་སློབ་ཚན།

**Bachelor of Sowa RigpaMedicine and Surgery**

**Final Professional (18 Months)**

**SEMESTER IX (Odd Semester)**

Paper: IV

Theory Marks: 35 (Credits 1.4)

Teaching Hours: 50

Practical/Demonstration Marks: 35 (Credits 1.4)

Practical/Demonstration Hours: 35

**SUBJECTS:** PyimarGyud ‘Jam dPyad / The Subsequent Tantra (Rejuvenation Therapy)

**PART –I THEORY MARKS: 7 TEACHING HOURS: 10**

1. dugs (Compression Therapy) - Features of compression; observing the bases on which compression should be applied or avoided
2. dugs - Methods and benefits of cold compression and hot compression

**PART –II THEORY MARKS: 7 TEACHING HOURS: 10**

1. lums (Medicinal Bath Therapy) - Features and objectives of bath therapy; observing the disorder against which bath therapy should be applied or avoided
2. lums - Recognizing the special features of natural hot spring and how to apply the therapy. Preparation and compounding of man-made bath therapy

**PART –III THEORY MARKS: 7 TEACHING HOURS: 10**

1. lums - Cooking and fermenting the compound for bath therapy; actual application of bath therapy



**PART –IV THEORY MARKS: 7 TEACHING HOURS: 10**

1. byugpa (Byug pa Therapy) - Observing the bases on which *Juk-pa* should be applied or avoided
2. byugpa - Disorders on which oil massage should be applied and its method

**PART –V THEORY MARKS: 7 TEACHING HOURS: 10**

1. byugpa - Bases on which application of lotion should be applied and its method
2. byugpa - Compounding of various formulation for *Juk-pa*

**Fundamental Text and MainReferences:**

1. YuthokYontenGonpo: *rGyudbZhi*(Subsequent Tantra Chapter 22-24)
2. Desi Sangye Gyatso: *Bai-ngon* (Subsequent Tantra Chapter 22-24)
3. SurkharLodoeGyalpo: *Mai-poeshel-loong* (SubsequentTantra Chapter 22-24)
4. KempaTsewang: *Nam-sheylak-lensel-jed*(SubsequentTantra Chapter 22-24)
5. TroruTsenam: *Drang song Shalung*(Subsequent Tantra Chapter 22-24)

ཨ་མེ་ལྷན་པ་དཀར་བཟུ་བ་ལོ་རིམ་བཞི་པའི་སློབ་ཚན།

**Bachelor of Sowa RigpaMedicine and Surgery**

**Final Professional (18 Months)**

**SEMESTER IX (Odd Semester)**

Paper: V

Theory Marks: 35 (Credits 1.4)

Teaching Hours: 50

Practical/Demonstration Marks: 35 (Credits 1.4)

Practical/Demonstration Hours: 35

**SUBJECTS:** rGyudbShimJug don dang YongsgTad / The Subsequent Tantra (Summary and Conclusion of the Four Tantra)

**PART –I THEORY MARKS: 7 TEACHING HOURS: 10**

1. mJug don (Summary of the Four Tantra) - Concise accounts on Healthy and Diseased Body
2. mJug don - Number of Disorders, Diagnosis methods, Therapeutic remedies, Categories of medicines and Differential Diagnosis

**PART –II THEORY MARKS: 7 TEACHING HOURS: 10**

1. mJug don - Concise accounts on rGyudbzhi
2. mJug don - Description of single potent specific medicines

**PART –III THEORY MARKS: 7 TEACHING HOURS: 10**

1. mJug don - Means and Methods of protection from Communicable/ Contagious Diseases through Mantra and Medicines
2. mJug don - Protection against Compounded Poisoning by three main methods

PART –IV THEORY MARKS: 7 TEACHING HOURS: 10

1. YongsgTad (Conclusion of the Four Tantra) - Interrelation between the Body, the Disorders and the Remedies
2. YongsgTad - Importance and glorification of the rGyudbZhi

PART –V THEORY MARKS: 7 TEACHING HOURS: 10

1. YongsgTad - Reasons and importance of maintaining the secrecy of rGyudbZhi
2. YongsgTad - Transmission of sacred rGyudbZhi to worthy disciples to another and its flourishing to serve humanity. Conclusion of the Secret Quintessential Tantra and the Four Tantra

Fundamental Text and MainReferences:

1. YuthokYontenGonpo: *rGyudbZhi*(Subsequent Tantra Chapter 26,27)
2. Desi Sangye Gyatso: *Bai-ngon* (Subsequent Tantra Chapter 26,27)
3. SurkharLodoeGyalpo: *Mai-poeshel-loong* (SubsequentTantra Chapter 26,27)
4. KempaTsewang: *Nam-sheylak-lensel-jed*(SubsequentTantra Chapter 26,27)
5. TroruTsenam: *Drang song Shalung* (Subsequent Tantra Chapter 26,27)

ཨ།སྐྱུ་བ་དཀའ་བཅུ་བ་ལོ་རིམ་བཞི་པའི་སློབ་ཚན།  
Bachelor of Sowa RigpaMedicine and Surgery  
Final Professional (18 Months)

Practical/Oral/ Viva Voce

S. No	Description	M. Marks	Credits
1.	Memorization /Oral Test	100	4
2.	Interview/Viva Voce/Individual and Group projects/ JangkhogYulthik, Identification, Dissertation, Clinical and Pharmaceutical practical Works etc.	500	20
3.	Allegorical Tree (Dhongdrem)	50	2
	Grand Total	650	26

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ཨ་མ་རྒྱལ་བ་དཀར་བུ་པའི་ཉམས་གསོག།  
Bachelor of Sowa Rigpa Medicine and Surgery  
Internship(6 Months)

**SEMESTER -X(EVEN SEMESTER)**

COMPULSORY SIX MONTHS INTERNSHIP IN CLINICAL TRAINING IN SOWA RIGPA HOSPITALS ATTACHED WITH THE COLLEGE /UNIVERSITY. AFTER COMPLETION OF INTERNSHIP A CANDIDATE SHALL BE PROVIDED AN INTERN CERTIFICATE BY HOSPITAL.

ཕྱུགས་པ་དཀར་བུ་པའི་ཉམས་གསོག།  
Bachelor of Sowa Rigpa Medicine and Surgery  
Internship (6 Months)

**XI-SEMESTER (ODD SEMESTER)**

COMPULSORY INTERNSHIP FOR SIX MONTHS IN RURAL/DISTRICT/CIVIL HOSPITALS OR ANY GOVERNMENT HOSPITAL OF MODERN MEDICINE. AFTER COMPLETION OF INTERNSHIP A CANDIDATE SHALL BE PROVIDED AN INTERN CERTIFICATE BY THE HEALTH CENTRES/HOSPITALS

ཨ་མེ་རི་མོ་སྐབས་ལྷན་ཁག་གི་འཕེལ་རྒྱུ་གཞི་སྤྲོད་པའི་ལམ་སྟོན་གཞི་སྟོན་

## Bachelor of Sowa Rigpa Medicine and Surgery

### Guideline of Compulsory Rotatory Internship

1. The duration of compulsory rotatory internship shall be one year and the student are eligible to join the compulsory internship program after passing all the SUBJECTS of all professional examinations.
2. The internship program will start after the declaration of the result of final professional examination.
3. Internship program and time distribution are as follows:
  - a. The intern student will receive an orientation program of internship which will be organized during the first three days of the beginning of the internship program and a work book should be given to each intern where the intern student has to enter date wise detail of activities undertaken during the internship.
  - b. The daily working Hours of interns should be not less than eight Hours.
  - c. One-year internship program shall be divided into clinical training of six months in the Sowa Rigpa hospital attached to the college/University and six months in the rural hospital or District hospital or civil hospital or any Govt. hospital of Modern Medicine.
  - d. Provided that where there is no provision or permission of the State Govt. for allowing the graduate of Sowa Rigpa in the hospital or dispensary of Modern Medicine, the one-year internship shall be completed in the Hospital of Sowa Rigpa College/University.

4. The intern student would be trained practically with the following activities during the period of internship:
  - a. Training in pulse and urine analysis, stool examination, laboratory examination, case taking, investigations, diagnosis and management of common diseases.
  - b. Personalized treatment of patient through different methods of examination and with treatment through diet, behavioral management, and balance in daily routines.
  - c. Diagnosis of pediatrics disorders through examining the ear, urine, vomit and treatment of disease through diet and medicine.
  - d. Diagnosis of gynecological disorders through pulse reading, analyzing urine, interrogation, looking and palpation etc.
  - e. Training of surgical treatments such as Golden needle therapy, healing through copper cupping, moxibustion, venesection, medicinal bath, compression, massage therapy and spring water therapy etc.
  - f. Management of certain ailments such as fractures and dislocation, minor cuts, and external wounds etc.
  - g. Training in application of therapies such as oil application, purgation, emesis, nasal therapy, mild enema, enema and channel cleansing.
5. Six months training of interns shall be carried out with an object to orient and acquaint the interns with the national health program and the intern shall undertake such training in one of the following institutes namely:
  - a. Primary health center.
  - b. Community health center or district hospital
  - c. Any recognized or approved hospital of Modern Medicine.
  - d. Any recognized or approved Sowa Rigpa hospital or dispensary.
  - e. Provided that the entire above Institute should be recognized by concerned University and concerned Govt, designated authority for taking such training.
6. After completion of internship, the student must attain the intern certificate from both the concerned internal and external above-mentioned health center/hospitals.
7. The intern should report to the concerned Faculty/Department after the completion of one-year internship with their intern certificate.

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